



DOORWAYS  
for women and families

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2 0 1 4

# CREATING PATHWAYS

FROM DARKNESS  
TO LIGHT

#WHYISTAYED, PLUS:

.....  
TALKING TO YOUR  
KIDS ABOUT  
DOMESTIC VIOLENCE



# FROM THE EXECUTIVE DIRECTOR

Dear Friends,

I am quite sure that as followers and supporters of our work to create pathways to safety and stability, you've been closely following the recent, national discussion that has opened up around domestic violence. At Doorways we hear and see the painful effects abuse has on those we daily serve. The current media attention on this issue provides us all with an opportunity to reflect on the kind of society we want for ourselves and our children. We have some difficult questions to ask ourselves, and like us, I'm sure you are hopeful to see a sustained, real conversation emerge in examining this pervasive and complex issue.

This year we celebrate the 20th anniversary of the Violence Against Women Act—a landmark legislation passed in 1994 to improve the criminal justice response to violence against women and enhance programs and services available to survivors and their families. The passage of this act, hard-fought in 1994 and again during reauthorization in 2013, marked an important point in our country's moral conscience. After years of advocacy from professionals in the “battered women's” movement, sexual assault field, victim services community, law enforcement agencies, prosecutors' offices and the courts, our leaders and the rest of the nation took a stand against the abuse that so many had endured for years.

Yet 20 years later, there is still more to do. Increasingly, domestic violence is seen as a far more broad issue than “a women's movement” or “a private family matter.” Rather, it is a legal, economic, and social justice problem. We now understand domestic violence impacts people from every profession, gender, race, culture, and social group. **It's a human issue.** By working collectively to fully understand domestic violence, our journey from understanding to acting will be informed. Of all the discussions about domestic violence in recent weeks, those that I've found most instructive are those led by survivors themselves. At Doorways, it's been our survivors that have taught us what we most need to do to help them meaningfully. If we can tune in to what we are hearing, we can learn. We can make changes that make a difference.

It's been 40 years since domestic violence was brought to light as a social issue and we are still learning how to best address this problem. We have long known that it takes more than shelter to end abuse permanently. We are encouraged to see more alternatives that prevent the need for shelter when domestic violence occurs and offer survivors a way to remain safe and stable long term. Fleeing and hiding should never be a way of life. Enhanced laws and law enforcement practices that shift the burden of long-term behavior change to the abusive party are now on the horizon. Access to affordable housing for survivors and their children must be a priority. Together, these tools will allow us to reach hundreds more of the people who need our help.

We thank the many people who've stepped forward to bravely share their experiences with us. We promise to listen, to learn, and most of all, to respond with meaningful resources that result in long-term safety. It's 2014—no one should be trapped in abuse in our communities.

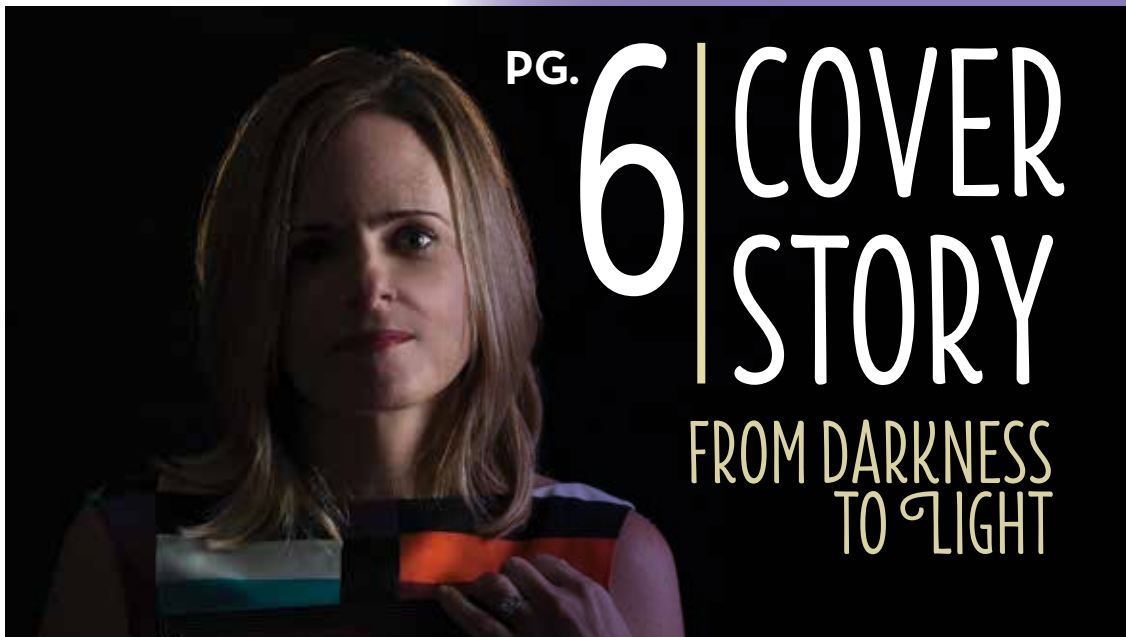
We hope you were able to participate in some of the activities and educational events we held this October for Domestic Violence Awareness Month. Raising public awareness is the first step in meaningful change. Together, let's keep focusing on this issue and encourage everyone in our community to continue supporting efforts to end domestic violence.

In partnership and with appreciation,



Caroline Jones, MSW





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### COMMUNITY OF GIVING

## Mission

Doorways for Women and Families creates pathways out of domestic violence and homelessness leading to safe and stable lives.

## Vision

We envision a community where all people live free of violence and have safe and stable housing.

## Board of Directors

### Officers

Christy Cole, President

Alissa Curry Briggs, Treasurer

Joanne Petty, Secretary

Caroline Jones, Executive Director

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John Kell

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Scott Loftis

Yuri Sagatov

Kevin Shooshan

Kelly Spafford

Laura Young

Welcome to our newest Board Members, Jeremy Cusimano and Nicholas Evans!

Special thanks to our departing Board Members for their many years of dedicated service: Chuck Adkins-Blanch, Shelley Goode, Justin Miller, Emily Nack and Trey Walker.

*Unless otherwise noted, all men, women and children in photographs are models whose images have been used for illustrative purposes.*

*Doorways Domestic Violence Programs are Confidential*

# #WHYISTAYED: SOMETIMES LEAVING FEELS HARDER THAN STAYING

Many of you saw or heard about the #whyistayed movement that went viral across social media in response to the NFL situation. In hearing the stories of why survivors find leaving to be so difficult, one begins to understand just how psychologically distorting domestic violence truly is.

We all know the “fight or flight” instinct. If we were to be attacked by a stranger in a public setting, this instinct would ignite and tell us to run away or fight back. But this common instinct often doesn’t come into play in domestic violence situations because of the calculated, mind-altering patterns of behaviors abusers utilize before the physical abuse even begins. Perpetrators of domestic violence purposefully dull this innate reaction through patterns of isolating, earning artificial trust and dependence, and creating a false sense of safety. When emotional abuse intensifies or becomes physical, there is such disbelief that someone you love and you believe loves you is doing this.

Fear, love, family, money, shame, isolation...these are powerful reasons that hold people back from leaving situations that others feel make no sense for them. MRI images of domestic violence survivors’ brains mirror those of combat soldiers—their heightened focus on survival coupled with compound trauma literally depletes the ability to assess their own safety and options. Surviving moment to moment is all consuming, especially while trying to protect children, pets and family members from abuse.

During Doorways’ volunteer training, we ask our new volunteers to list the reasons why someone experiencing domestic violence would stay, and why they would leave. They are usually very surprised when the reasons to stay outnumber the reasons to leave. It’s simply not that easy to disentangle a life with someone, especially after you’ve started to believe you are worthless.

To truly understand someone’s decisions, you have to put yourself in their shoes—really in their shoes, not in their situation with your resources and life experiences. Imagine your husband or wife threatens to take the kids if you ever went to a shelter, or that you would lose all of your resources if you left. Imagine being a male survivor feeling very uncomfortable residing in a group facility with all female survivors. What if you aren’t a legal citizen and your abuser threatens to call immigration if you leave?

**Options and resources are vital – which is where Doorways, and all of us, come in.**

**An example list from a volunteer training session.  
What do you think?**

Reasons to Stay	Reasons to Leave
<ul style="list-style-type: none"><li>• Love</li><li>• Fear of retaliation against self, pet, others</li><li>• Nowhere to go; don’t know where to go</li><li>• No money, no job</li><li>• He/she will find me</li><li>• Want children to grow up with both parents</li><li>• Religious/cultural beliefs</li><li>• Legal/immigration concerns</li><li>• Fear of losing custody of children</li><li>• Don’t want to take children to a shelter</li><li>• Don’t know what a healthy relationship is/looks like</li><li>• Depression, feelings of low self-worth</li><li>• Isolated, don’t feel like anyone can help</li><li>• Embarrassed/ashamed</li><li>• Feeling responsible for the violence – “it was my fault he/she hurt me”</li></ul>	<ul style="list-style-type: none"><li>• End the abuse</li><li>• Gain independence and freedom</li><li>• Keep children safe from abuse</li><li>• Don’t want children to grow up to be abused/abuse others</li></ul>



# FROM THE MOUTHS OF BABES

## Talking to your kids about Domestic Violence

Although it is near impossible to control what images your child is exposed to when out of your care, your presence and response afterward can be just as, if not more than, influential. With recent graphic images and news floating around all spectrums of the media, your children may have questions about domestic violence and its effects. Children may be hearing about and seeing images of domestic violence for the first time and it could potentially be upsetting to them. It is very normal for children to be curious about what they see in the world around them and to want to ask questions. An issue such as domestic violence, which poses complexities hard for even adults to decipher, can understandably pose some genuine difficulty when attempting to talk to a child.

Although domestic violence can be a tough subject to broach, this can actually be a great time to speak with your children about the dynamics of healthy relationships. An important first step is to validate any negative feelings that may arise in your children. Ensuring they feel safe expressing their emotions is the key to a forthcoming dialogue. For example, if applicable, you can share their sentiments: “Yes, domestic violence is very scary/sad/upsetting.” By validating their reactions you can pave the path to start a conversation about what qualities make for a healthy relationship. A discussion like this can look different for each child, but it is always important to ensure that your conversation is age-appropriate and that your children can comprehend the information you are providing.

The word “relationship” has very different meanings for children of varying age groups. Meeting a child where they are at developmentally and intellectually is equally as important as being receptive to their feelings. For kids under

the age of 7, it is helpful to give them a concrete example that you know they have seen or experienced. Around this age group, parents would typically talk about healthy friendships and ask questions like “What does being a good friend look like?” or “How do you treat a good friend/How does a good friend treat you?”, and “Who can you talk to when you have a problem with your friend?” Additionally, it is just as important to talk to your children about modeling healthy relationships. You can discuss the dynamics of being a good partner or friend by referencing a time when they felt good in a friendship. Consider asking them to remember a time when a friend may have been kind or respectful to them, making them feel happy or included.

As the need for privacy and independence increases as a child gets older, respecting their boundaries and ensuring they feel safe expressing themselves is another way to model healthy relationships between you and your child. You can begin a conversation with your older children by asking questions like “What do you think about what you have seen in the news lately?” or, “There are so many opinions about what being a good boyfriend/girlfriend is. What do you think?” Follow up questions can include asking about what respect looks like in a relationship and how they would want to be treated. If you know your teen is in a relationship, you can ask about how they think their relationship is going; what is good, what is not as good, etc. And if they are comfortable, you can also ask teenagers about dating and what is fun, confusing, difficult or scary about dating. Normalize that many relationships require work and talk to them about what that means. You can also use this as a springboard to speak with children about healthy boundaries – physical and emotional. Reinforcing statements like “An example of a healthy relationship is when two people feel safe, loved, and treat each other with respect,” and “In a healthy relationship, you can feel like yourself,” are important mantras that will remind your children what love and friendship should feel like, even after they have left your doorstep.

It is important that our children know that domestic violence is a negative occurrence that affects the lives of too many people, but there are a lot of people working very hard to make sure that domestic violence is eradicated. We’re reminded of the famous quote from Mr. Rogers who stated, “When I was a boy and I would see scary things in the news, my mother would say to me, ‘Look for the helpers. You will always find people who are helping.’”

If you know someone who is in need of support, please call our **24-hour Domestic Violence Hotline at 703-237-0881.**



# FROM DARKNESS TO LIGHT

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## PICTURES TELL THE TALE

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We recently had the opportunity to work with renowned photojournalist Leigh Vogel to bring the stories of our clients and volunteers to life. We wanted to illustrate the wide range of people who experience domestic violence, why leaving is difficult and what the impacts of staying or leaving are – not just on the survivors, but also on their families and communities.

We asked each of our participants to reflect on their darkest and lightest moments as they recalled their experiences with domestic violence. If it is true that a picture tells a thousand words, the next twelve pictures will speak volumes.

My grandmother lived in  
a time and place where  
she was expected and  
counseled to stay with  
her abuser for the sake of  
her children; to make the  
marriage “work.”



Today, as Doorways' Board President, I work with staff and volunteers to make my community a place where everyone can seek and find safety and hope for a brighter future.





8

I was abused my whole pregnancy and told no one. I was afraid my son's dad would come after me if I left...

8



8  
We have our own place now through Doorways' HomeStart program.  
I never have to look back.



A woman with dark, curly hair is shown from the chest up. She is looking down at a smartphone held in her hands. The lighting is dramatic, with her hair and face partially illuminated by a warm, golden light, while the background is dark. She is wearing a dark-colored button-down shirt.

I tried to leave ... four times.  
I didn't know he was tracking my phone ... he always found me.



Thanks to Doorways' 24-hour hotline,  
I now know how to plan for my own  
safety and what my legal options are.  
I have my freedom back.

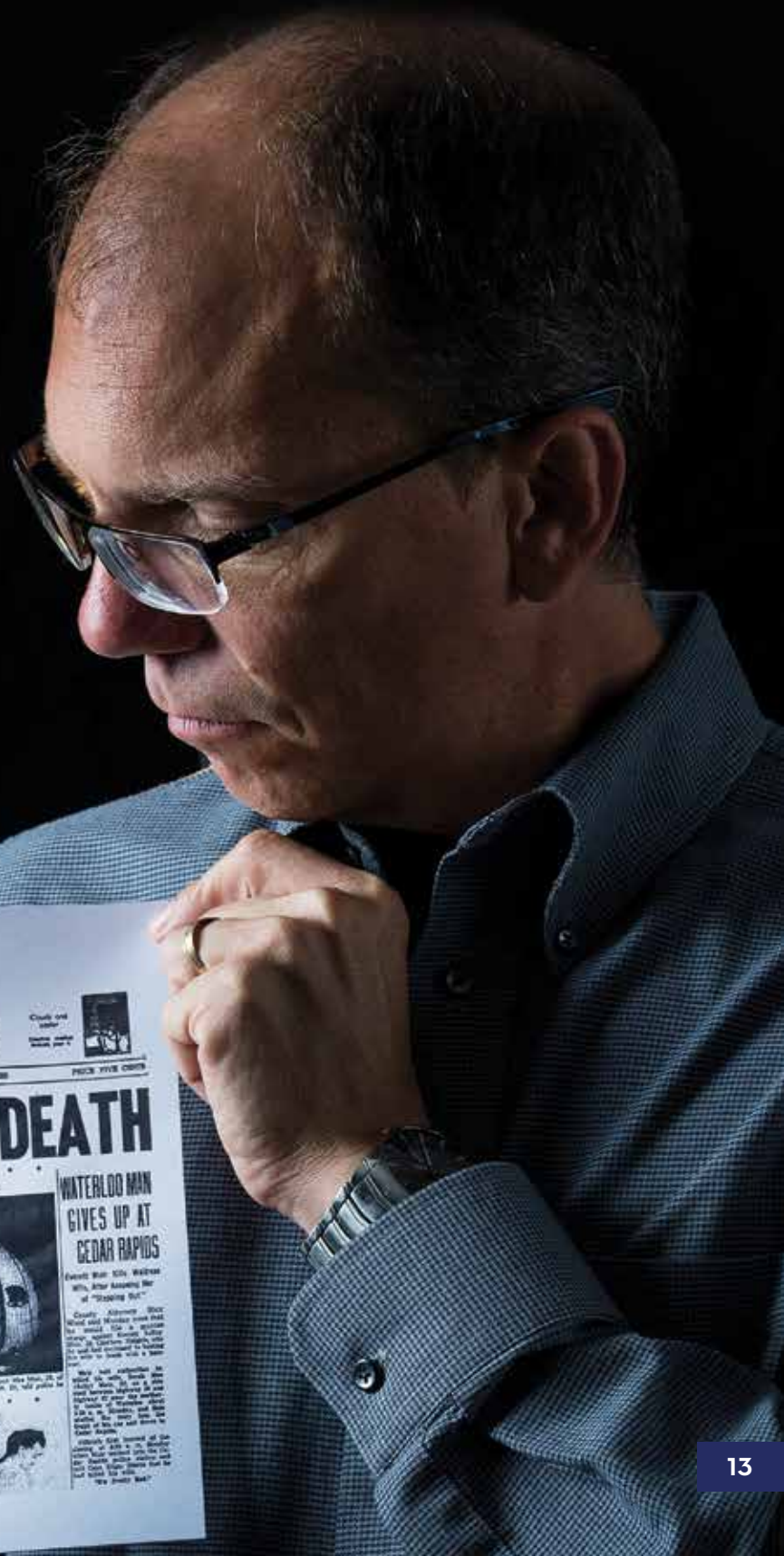






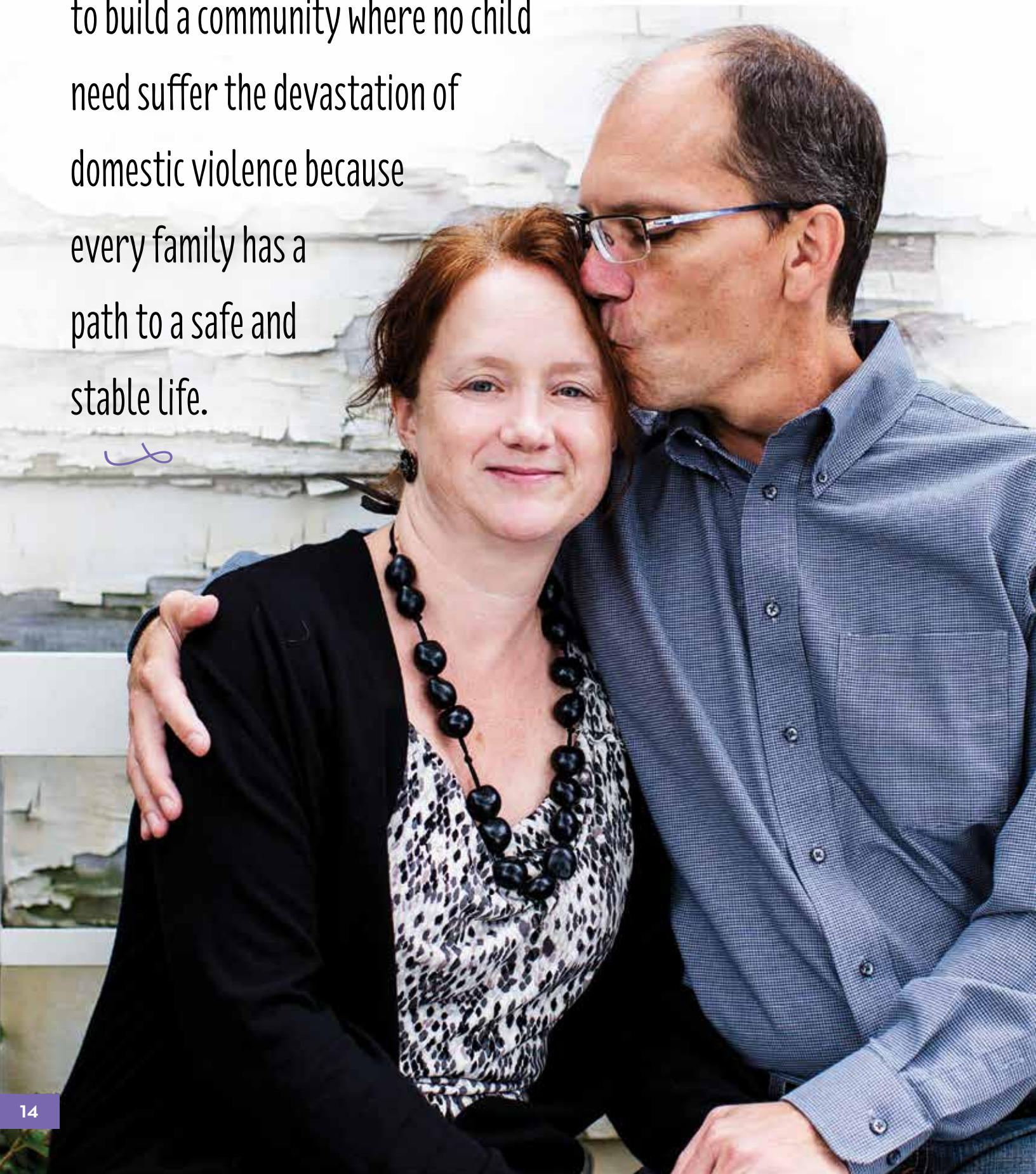
At the age of seven, my father and his three-year-old sister were orphaned when their father murdered their mother.

The impact of that awful night still ripples generations later.

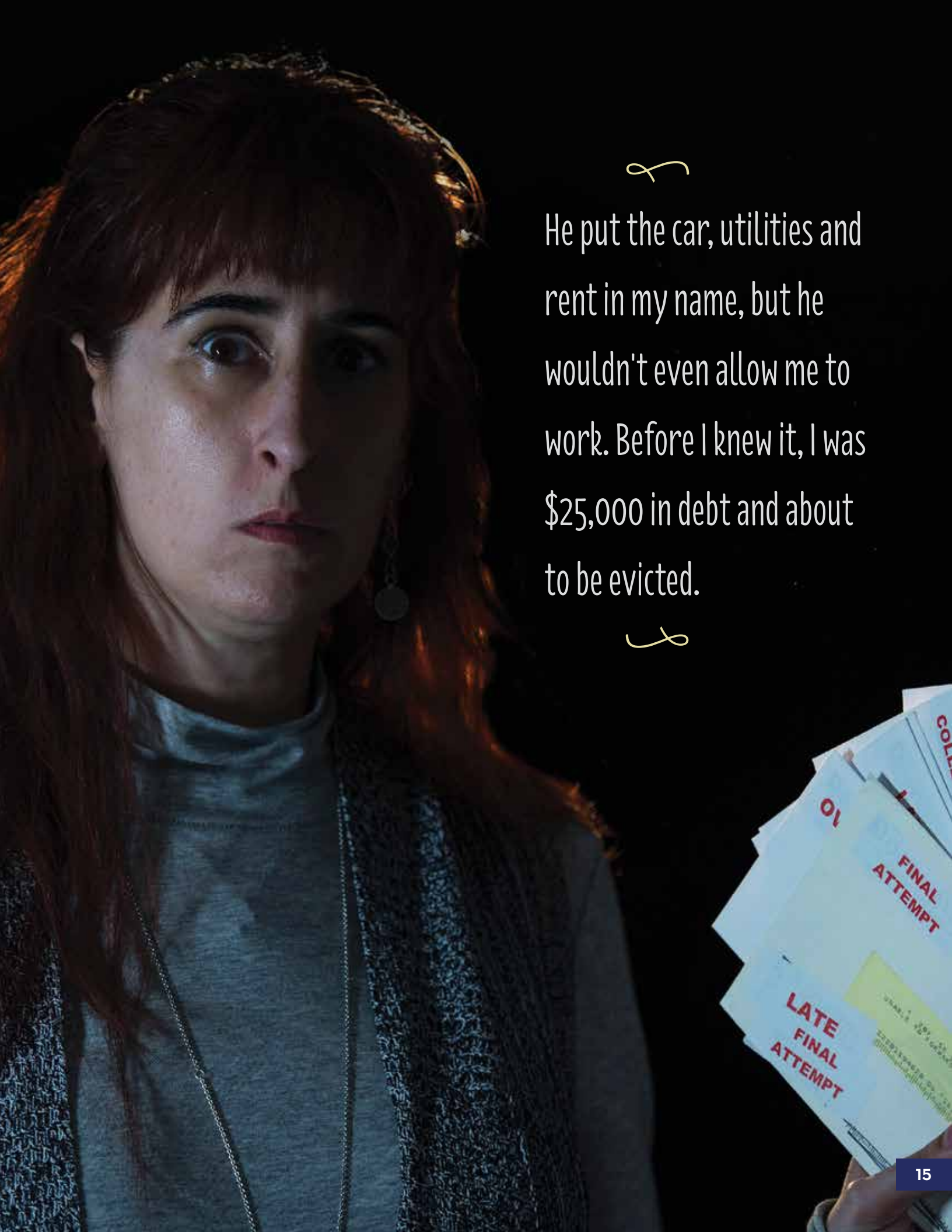




As Doorways volunteers and donors, my wife and I are working to build a community where no child need suffer the devastation of domestic violence because every family has a path to a safe and stable life.







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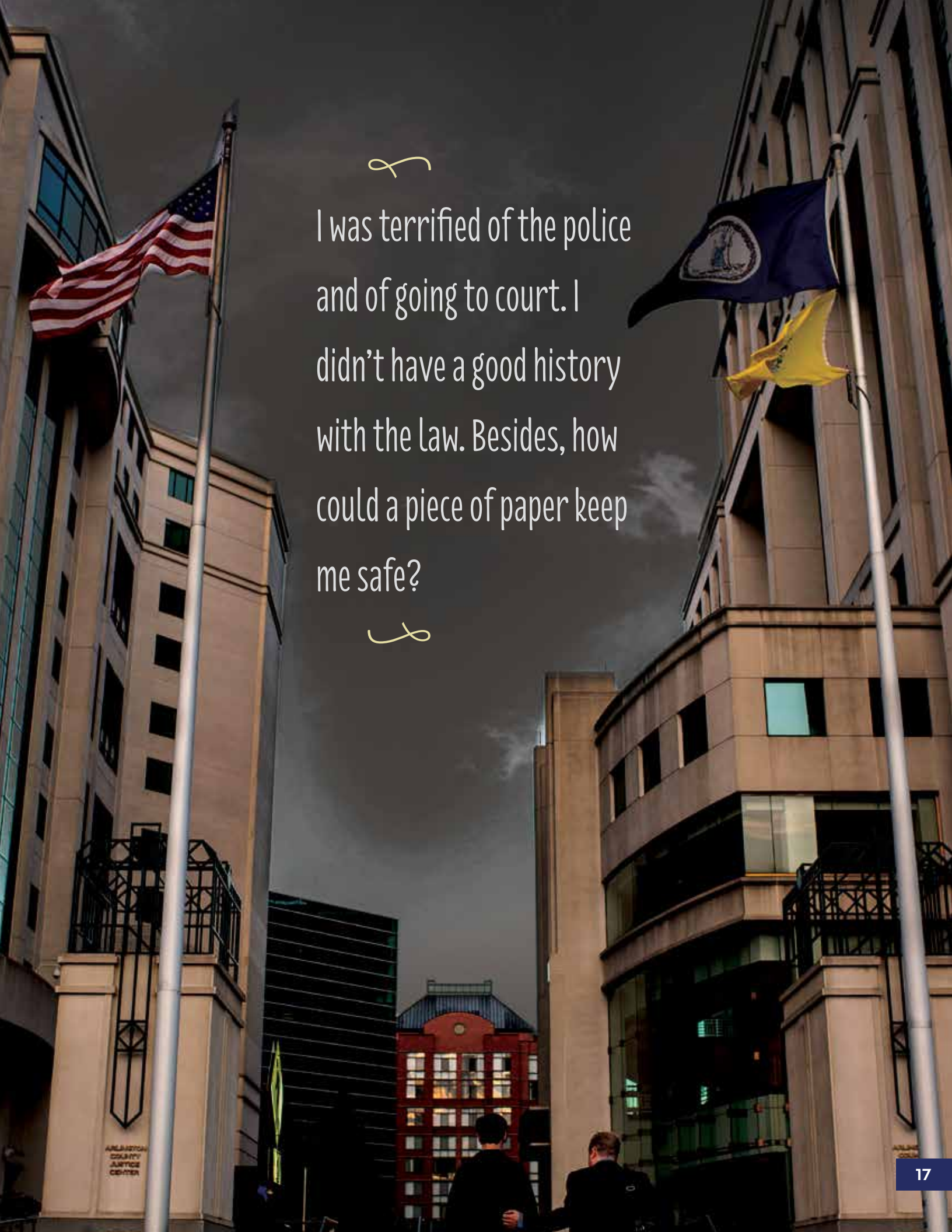
He put the car, utilities and rent in my name, but he wouldn't even allow me to work. Before I knew it, I was \$25,000 in debt and about to be evicted.

8

∞  
Doorways' financial counseling  
is so important. Today, I work  
full time and make enough  
money to pay my bills and  
save. Being in control of  
my finances makes me  
feel like I can fly!  
∞

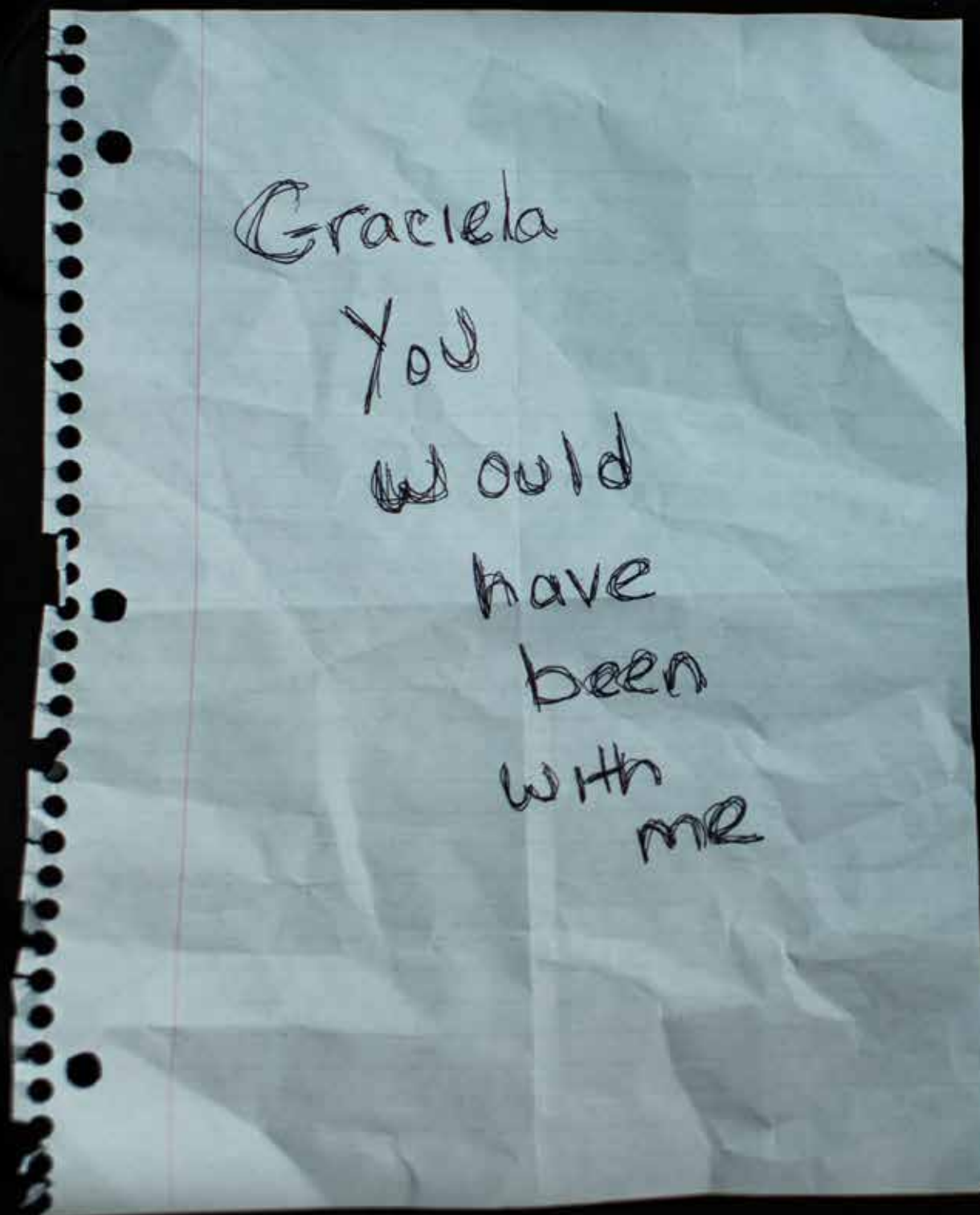






I was terrified of the police  
and of going to court. I  
didn't have a good history  
with the law. Besides, how  
could a piece of paper keep  
me safe?

Doorways' court advocate saved my life. She helped me get a protective order and made sure I knew how to keep myself safe.



This is the piece of paper my abuser left for me when he killed himself.





# HOW CAN YOU HELP SOMEONE WHO IS BEING ABUSED?

If you know someone who is being abused, the most important thing to do is listen and let them know you are concerned for their safety. Be supportive and acknowledge that the situation is very difficult and scary. Help them recognize that the abuse is not their fault, reassure them that they are not alone, and let them know that there is help and support available. What they need most is someone who will believe and listen to them. They may leave and return to the relationship many times. Be non-judgmental – they will need your support even more during those times.

One of the most critical services Doorways provides at our **Domestic Violence Safehouse** and on our **24-hour Domestic Violence Hotline** is safety planning. Here are some of the important topics we discuss with those experiencing abuse:

**Phone Safety:** Every cell phone can be tracked through GPS or tracking devices. Smartphones can even have apps installed that run constantly without the user's knowledge. If the survivor needs to call a hotline or another number that would raise suspicion from their abuser, they should use a public phone or borrow a phone from someone else. When they leave the relationship, it is best to remove the battery from their phone and dispose of it.

**Danger Zones:** Survivors of abuse can usually tell when their abuser is escalating the violence. At these times, it is important to stay out of the two most dangerous rooms in the house – the kitchen and the bathroom. These rooms have hard surfaces and weapons that can cause serious injury.

**An Escape Plan:** Leaving is the most dangerous time in an abusive relationship. Survivors should try to pack a bag that has copies or originals of important documents for themselves and their children, and changes of clothes or personal items that they would not want to leave behind. If possible, they can keep this in a place that is easily accessible if they need to leave hurriedly but will also not draw the attention of their abuser.

**Code Words and Signals:** If a survivor reaches the point where they are in severe danger but are not able to call 911 or escape, it is good to also have another way of reaching out. For example, someone who needs to immediately escape her home could call a supportive friend and give a code word that would signal the friend to call the police. A dish towel hung outside the window could signal to someone that the family is in distress.

**Doorways' 24-hour Domestic Violence Hotline: (703) 237-0881**



# MEET MARQUITA

**I was abused my whole pregnancy and told no one. I was afraid my son's dad would come after me if I left or pressed any charges – he told me he would and I believed him.**

I remember the first time I called Doorways' hotline. I was ashamed and didn't want to take my 14-day-old baby into a shelter. I felt guilty, like everything that happened was my fault. But I knew I had to keep my son safe and that meant I had to leave. When I walked into the Safehouse, I was so warmly welcomed by all staff that I instantly felt safe. Working with Doorways Court Advocate, I immediately filed for full custody of my son.

Since I have been a client of Doorways, I have learned a lot. They have taught me how to be a mother to my

children, how to budget my money, how to be more organized, how to stay safe if I ever come across a domestic violence situation again. With the help of the Court Advocate, I was recently granted a permanent protective order against my abuser. Doorways helped me find an apartment and we moved in four weeks ago. I am happy, finally free. My son is happy.

I never want to experience this ever again. My son and I don't deserve it. Without Doorways and their supporters, I have no clue what would have happened to us. I never have to look back. My goals were accomplished.

**Nobody should go through any type of abuse, ever.**

# INTRODUCING DOORWAYS' LEGACY SOCIETY

## Safeguarding Our Future Response to Domestic Violence and Family Homelessness

Doorways for Women and Families is all about the future. Every day we strive to make the future brighter for women and families escaping domestic violence and homelessness. You can help ensure that this mission remains an integral part of Arlington's future by making a planned gift and becoming a founding member of Doorways' **Legacy Society**. By making a planned gift to Doorways today, you help guarantee that ten, twenty—even fifty years from now—women and families in Arlington will have access to safe shelter, long-term housing and supportive services that help them overcome abuse and poverty.

**It's easier than you think.** Making Doorways a part of your estate plan can be as simple as naming us as a beneficiary of your:

- ✓ Will or Living Trust
- ✓ Retirement Plan
- ✓ Life Insurance Policy
- ✓ Charitable Remainder Trust
- ✓ Charitable Lead Trust
- ✓ Gift of Real Estate
- ✓ Any other gift that benefits Doorways in the future

Planned gifts can be funded with cash, marketing securities, donation of real estate or other tangible personal property. In addition to ensuring the future of Doorways for Women and Families, planned gifts offer many possible benefits, such as:

- ✓ Making a larger charitable gift than you thought possible
- ✓ Increasing your current income
- ✓ Reducing your income tax/avoiding capital gains tax
- ✓ Planning for the financial needs of a spouse or loved one
- ✓ Providing inheritances for your heirs at a reduced tax cost
- ✓ Making a gift that may cost nothing in your lifetime but is priceless for future generations

Please consider safeguarding the future of Doorways' response to domestic violence and homelessness in our community by making a planned gift today. To discuss options and learn more about how you can leave a legacy, please contact Heather O'Malley at 703-504-9290 or [Homalley@DoorwaysVA.org](mailto:Homalley@DoorwaysVA.org).

**P.S.** Have you already named Doorways as a beneficiary of your estate? Let us know right away so we can recognize and thank you as a founding member of the **Legacy Society**!

## Backpacks of Encouragement



Patrick is Spiderman. With every fiber of his 4-year-old being, he believes it. When Patrick's mom mentioned the words "day care" for the first time, his Spider Sense started tingling as anxiety built for the unknown. Patrick had never been away from his mother for more than a few hours and would now be embarking on a new chapter of his "super-hero" life. We knew that Patrick would need to feel more confident than ever to begin this new journey, and although he had come so far with the help of Doorways' Child Mental Health Therapist, he still faced hidden barriers that far too many homeless children face.

So we called on you, fellow heroes, who not only helped save the day for Patrick, but for over 70 more children in need as well! Your donations of school supplies, backpacks, gift cards and over \$5,000 in financial contributions gave our children the tools to help them succeed this school year – equipping them with the confidence and smiles they not only needed, but undoubtedly deserved. Thank you for all of your continued support in building future super heroes everywhere.

## The Muslim Women's Coalition



Ramadan is a very important time of the year for many, and because of the kindness and generosity of the Muslim Women's Coalition (MWC), its message and purpose is growing within our community. For over 10 years, volunteers of the MWC have collaborated with partners in the faith community to create baskets, filled to the brim with items, to help our families in a big

way. For years, the MWC has provided support for over 30 homeless families and survivors of domestic violence each year, while spreading the message of unity, love, support and generosity. Thank you!



## Thank You to Our Volunteers!

Doorways' amazing volunteers provided more than 1,000 hours of service from July through September 2014! They tutored children, shopped for groceries, baked cakes, provided coverage at our shelters, mulched our lawns, cooked for our clients at Dinner with Friends, and so much more. Thank you to each of our volunteers for your incredible dedication to our clients.

### *Volunteers of the Month:*

**July:** Violeta Young  
**August:** Danielle Callen  
**September:** Daisy Espinosa

### *Dinner with Friends Hosts:*

**July:** Hyatt Regency Crystal City  
**August:** St. Andrew's Church  
**September:** Kiwanis of Arlington



Volunteer Danielle Callen



## PARTNER SPOTLIGHT: Marymount University

The outpouring of community support we continually receive reminds us that we cannot create pathways for those in need alone. Since our inception, we have had a strong partnership with community, faith, and non-profit groups. These groups come together to offer monetary and in-kind support to Doorways' programs and families through many creative ways and answer the call to meet the needs of our most vulnerable families. Whether it is by hosting an event to raise funds for our programs, rallying friends for a collection drive for needed items, attending a special event or making an annual donation, these groups are one of the many reasons we have thrived in the Arlington community.



The students and staff of Marymount University are a force for good, and further reaffirm that there is true strength in numbers. Once they heard of the need just around the corner from their campus, they immediately sprung into action. From collection drives for school supplies and holiday

gifts, to gift card donations and offering their unique talents to help our staff problem-solve – Marymount's generosity knows no bounds. Their impact thus far has been incredible, adopting over 15 children during our Back to School program and providing holiday gifts to several families during our Holiday Wishes Campaign. Look out for their advocacy efforts on and off-campus during Domestic Violence Awareness Month as well – their swell of community support is sure to make some waves!

## CORPORATE SPOTLIGHT: Suja

Drinks for a Cause – How Refreshing!

Doorways is proud to partner with Suja Juice, a nationally-marketed organic juice provider with a passion for “fostering environmental and social well-being.” Suja recently launched a program called Suja Elements Cause Collective in an effort to raise \$1 million annually to bring greater awareness and assistance to causes including health and nutrition, sustainability, conservation and human rights. We are one of 12 organizations partnering with Suja, and for every bottle of Mango Suja Elements purchased, they will donate 25¢ to Doorways for Women and Families! Suja is available exclusively at Whole Foods Markets across the country, so please visit your local Whole Foods for a new, delicious way to support Doorways! To learn more about Suja, visit [www.sujajuice.com](http://www.sujajuice.com).



To find out more about our Corporate Ambassadors program, contact Kerry Lombard at (703) 504-9291 or [KLombard@DoorwaysVA.org](mailto:KLombard@DoorwaysVA.org)



# DONOR SPOTLIGHT:

## ALICIA KNIGHT

Like many children, my earliest memories of the winter holidays include a decorated tree, big family meals and gift exchanges. As far back as I can remember my family also had a tradition of participating in programs to provide gifts for families in need. I remember being very little and being taught that not all families could afford Christmas gifts for their children, so we were going to buy some for them so they could have a good Christmas too.

Now, thirty years later, as the holidays roll around and we make our gift lists, my family's list includes Doorways' Holiday Wishes. When I graduated from college and got my first job, I was looking for a holiday program and came across Doorways. At the time, I didn't know much about the underlying mission of Doorways, I just knew what I had been taught, that some families couldn't afford gifts for their children and that I should help out. Since then, I've participated in both the Holiday Wishes and Back-to-School programs for Doorways and I'm pleased to say that it is a family affair in our household. We enjoy participating in these programs because the items we purchase go directly to Doorways' clients. It makes giving very real and personal. It has also provided an opportunity for my husband and me to teach my stepdaughter (and soon our younger daughter, too) about domestic violence and those who were struggling in a way she could understand.

I remember when we first started doing Holiday Wishes as a family. My stepdaughter, then in elementary school, wanted to know how the gifts were going to get to the people who needed them – because she didn't think there were people in our neighborhood going through these struggles. When we told her that the families Doorways serves are right here in Arlington and that some of the kids may be at her school (and maybe even in her class) she was truly shocked!

I read recently that the most important thing as a parent is to have your home be a place that your children associate with happiness and love – and a place where your children know they will always be safe and cared for. This is the type of home that my husband and I seek to provide for our family and I am pleased to support Doorways as the organization works to help others create these types of happy and safe homes for their children.

– Alicia Knight



MacRae, Alicia & Ainsley Knight

# THE BRIGHTER FUTURES SOCIETY

The Brighter Futures Society is a special giving society of donors who recognize the need for ongoing, sustainable funding. As investors, philanthropists, and change agents, members commit to donate \$1,000 or more on an annual basis for a five-year period. This investment in the long-term sustainability of Doorways' programs and services ensures we will continue to be there for those in need, year after year.



## Champions for Brighter Futures (\$25,000 or more for 5 years)

The Caruthers Foundation  
Tom & Raina Rose Tagle  
Heidi Wagner

## Stewards for Brighter Futures (\$10,000 - \$24,999 for 5 years)

Christy & Don Cole  
The Ruth Lawrence Fund  
Frances Storey

## Guardians for Brighter Futures (\$1,000 - \$9,999 for 5 years)

Marty Almquist  
John Andelin & Ginger Geoffrey  
Heather & David Anderson  
Anonymous  
Becky Ault  
Ann Blakey & Tyler Wilson\*  
Shirley Bloomfield & Dan Patterson  
Rachel Brand & Jonathan Cohn  
Robin Buckley & James Olds  
Blain & Peg Butner  
Kristin Cabral  
Richard & Joedy Cambridge  
Diane Canova\*  
Henry & Susan Cassidy  
Christopher & Margaret Chase  
Robb & Allie Chase\*  
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Ann Cole  
Thomas J. Colucci  
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Lisa G. Foster  
Shelley Goode & Thomas Matthews  
Julie Goon  
Eric & Renee Gutshall

Kent & Donna Hamaker  
Douglas Hamilton  
Kathryn Hamm & Amy Walter\*  
Janice Haub Ryerson  
Sean Haley\*  
Ben & Caroline Holt  
Dr. Rosemary Hubbard  
In Christy's Shoes\*  
Frank & Marie Jaeger  
Caroline & Christopher Jones  
Celeste Kearney  
Jodie Kelley & Scott Sinder\*  
Elaine Kendrick  
Christine & Terence Kimm  
Gary & Vicki Kirkbride  
Alicia & Lee Knight  
Laura Lapin  
T. Matthew Laughlin\*  
Peter Lauria & Kathleen Sheehan  
Mahaney Family Charitable Fund  
Helaine Mario, SunDial Foundation  
Michelle Martin  
Jay & Alanna McCargo\*  
Barbara Schaefer McDuffie  
Kathleen McSweeney & Michael Rafky  
Justin & Laura Miller  
Elizabeth Mitchell & Matt Mendelsohn\*  
Kevin & Judy Moak *In honor of Evelyn Moak*  
Rachel Moore\*  
Heather O'Malley  
Carmen C. Oviedo  
Paul & Angela Pagnato  
Mary Pendergast  
Josh & Joanne Petty  
Carol Pickens\*  
Sara Pikofsky & Dan Eisen\*  
JuliAnna Potter  
Prengaman Family Foundation  
Carol Rakatansky

Leigh Ann & Mark Rizzieri  
Carmen & Tobin Romero\*  
Russell & Ellen Rosenberger  
Carlos Ruiz\*  
Yuri & Michelle Sagatov  
Gregg Seitz & Dawn Young



Alison Senold & Douglas Cantor  
(pictured above with mother)  
The Keri Shull Team  
Brad & Diane Smith  
Jim & Patty Smith  
John & Kim Snedden\*  
Dana Snyder  
Judith & Frank Stearns  
Laura Stone & David Atkins\*  
Lynne J. Strobel  
Peggy Tevis  
Kristin & Sunil Thakor  
Maureen Thompson  
Elaine Turville  
Janell Tuttle  
Laurie Vikander\*  
Kristin Welsh  
Jim Whittaker  
Douglas Wolf  
Al & Laura Young  
Monte & Christine Zaben  
Laurie Vikander\*

# LEADERSHIP CIRCLE

Leadership Circle members are individuals whose annual cash support of Doorways' mission and services equals \$1,000 or more. This list includes Leadership Circle members from July 1, 2013 - June 30, 2014.



## Champions (\$10,000 or More)

Anonymous	Wayne & Susan Stocks
Rachel Brand & Jonathan F. Cohn	Daniel & Linda Vilardo

## Stewards (\$5,000 - \$9,999)

Anonymous	John & Ann Heinrich	Mary Mellon
Stephen & Jeanette Bruce	Mary Hennessy	Bevin Moeller
Cole Birches Foundation	Jeffrey Jackman & Melanie Nathanson	John & Winifred Silverson
Jonathan & Susan Etherton	Lisa MacVittie	

## Guardians (\$1,000 - \$4,999)

Anonymous	Ed & Rosalie Demoney	Karl & Susan Klauck
Rebecca Aldred	Melissa Devnich	Gail Lang
Diane Allemang	Dan & Jane Dixon	Wendy Leben
Russell Arkin	Mark Edie	The Leonard Family Fund
Anthony & Luz Barbera	Laurie Effron	Dan Lesniak
LCDR USN Linda Barbour & David Houser	Connie M. Ericson	Marybeth Majka & Patrick Gregerson
Kenneth Bass & Catherine Wang	Kyle Fahrbach	Wesley & Laurie Mangum
Geoffrey & Molly Beier	David & Marilyn Falksen	Andy & Jenell Markowski
Matthew L. Bennett & Susan Lambert	Andrew Ferguson	David Martin
Doug & Carri Berenson	Bonnie Flynn & Tilly Smith	Monica Michaud
Michael Berman	Glenn & Kathy Fong	John McCliggott
Howard Bierman & Jill Coleman	Gail Franck	Kerensa McConnell & Ian Dillner
George & Margaret Bolash	Shanda Georg & Dolores Dorsett	Patrick & Teresa McGreevy
Renata Briggman	Mary Alice Giarda	Ray & Nancy McKinley
Chris Bringham	Oscar A. Goldfarb & Christine E. Fisher	Stephen & Beth McNally
David Briggs	Amy Gonzalez	Stephen & Claire Messinger
Beth Burrous & Kevin Baer	J. Beth Goss	Jane Miller
Cory Capps	Todd & Sherry Gray	James Moran
Eva Marie Carney	Jon & Jennifer Gross	The Mormann Family Fund
Paul & Wendy Carothers	Lisa Grozio	Debra Moss
Santosh & Natasha Chokhani	Dr. John Haskell	John & Vicki Nelson
Carissa Christensen	Gino Heilizer & Christina Shutes	Steve Offutt
Joe & Kris Clarke	Barbara Hendrickson	Kim Oxford
Susan Clyde & Peter Siegwald	Cindy Hubbard	Larry & Jennifer Pearl
Edward Cohen	Mark & Melissa Isakowitz	Laura Pennycuff & Sander Glick
Kristen Colston	Jill Jermano & Steven Mielnicki	Carol Pickens
Malaak Compton-Rock	Susan Jewett	Allison Pienta
Vicki Cooper & Alan Einhorn	James Johnson, Jr.	Sara Pikofsky & Dan Eisen
Paul Courtney	Donald & Barbara Jones	Emily Powell
Jeremy & Emily Cusimano	Ritu Kansal	Jeremy & Tamara Preiss
Margaret Dean & Thomas Wukitsch	Ingrid Keune	Sherri Richman
Michael & Sharon Deich	Carl E. Kessler Family Foundation	Christopher Rogers
	The Kiplinger Foundation	Philip C. Rogers
		Kishore Sannidhanam & Suneetha

## Guardians (\$1,000 - \$4,999)

Budampati  
Scheidel Foundation  
Daniel Scheinkman  
Simone Schonenberger &  
Tony DeMartino  
Katherine Schroder &  
Joseph Poellnitz  
Mary Scofield  
Greg Seitz & Dawn Young  
Dr. Matthew Shank  
Matthew Shepard  
Danny Shively  
James & Benta Sims  
Scott & Carol Ann Smallwood  
Walter Somerville, Jr.  
Thomas & Kathalina Stein  
Janet K. Stout  
Sally Stroup  
Daniel & Jeanne Sweeney  
Eric & Dawn Sword  
Sara Taylor  
Andrew A. Viola  
Ryan & Jennifer Wagener  
Kenneth & Andrea Weckstein  
Luise Welby  
John & Kathleen White  
Anne Marie Wilson  
Tor & Linda Winston  
Jean Schiro-Zavela & Vance Zavela



# THE CORPORATE AMBASSADORS

The Corporate Ambassadors program is a leadership group of businesses that work in partnership with Doorways to end homelessness and domestic violence in our community. Corporate Ambassador giving levels represent a combination of monetary contributions, pro-bono professional services, in-kind donations, matching gifts, and volunteer hours.



## Platinum Level (\$50,000+)

Freddie Mac Foundation  
Keller Williams Arlington Community  
Total Support (KW ACTS)  
Sagatov Associates, Inc.

## Gold Level (\$25,000 - \$49,999)

The Liberty Tavern  
The Shooshan Company

## Silver Level (\$10,000 - \$24,999)

The Allstate Foundation  
Bank of America Charitable Foundation  
BJ's Wholesale Club, Inc.  
The Boeing Company  
Clark Construction (*pictured right, volunteers at holiday party*)  
ECG Management Consultants  
Holiday Inn at Ballston  
Keri Shull Team\*  
Mack-Sumner Communications  
Matrix Group International  
Morrison & Foerster Foundation  
Venable Foundation

Wells Fargo Foundation



## Ambassador Level (\$2,500 - \$9,999)

Apex Foundation  
Baker Tilly  
Boeing Employees Community Fund  
Bogart Associates, Inc.  
C. Mack Solutions  
CapitalSource  
Dominion Virginia Power  
Employees Charity of Northrop Grumman  
ExxonMobil  
IBM  
John Marshall Bank  
Koons Arlington Toyota  
M & T Bank  
Macy's  
Minuteman Press  
O'Sullivan's Irish Pub

Orange Line Living\*  
The QED Group, LLC  
Pacers  
Pete's New Haven Style Apizza\*  
Rocklands Barbeque  
Segue Technologies  
SunTrust Foundation  
TD Bank  
TJX Foundation  
Training Resources Group  
United Technologies Corporation  
Universal Title  
Van Metre Companies\*  
Verizon  
Walsh, Colucci, Lubeley & Walsh

\*New in FY15 \*\* New Level in FY15

# COMMUNITY OF GIVING

Doorways is deeply grateful for the generous support of all individuals, corporations, foundations, civic groups and faith communities. The following list includes cumulative cash gifts and gift card donations of \$250 and higher from July 1, 2013 to June 30, 2014, excluding giving societies (recognized on pages 25-27). If you find a misspelling or omission, please contact Heather O'Malley at 703-504-9290 or [HOmalley@DoorwaysVA.org](mailto:HOmalley@DoorwaysVA.org).

## \$50,000+

The Geary O'Hara Family Foundation  
United Way of The National Capital Area  
Washington Area Women's Foundation

## \$25,000+

Arlington Department of Community  
Planning, Housing and Development  
Arlington County Department of  
Human Services  
Commonwealth of Virginia Department of  
Criminal Justice Services  
Commonwealth of Virginia Department of  
Housing and Community Development  
Commonwealth of Virginia  
Department of Social Services  
The Community Foundation of the  
National Capital Area  
Eugene and Agnes E. Meyer Foundation  
May & Stanley Smith Charitable Trust  
The Morris and Gwendolyn Cafritz  
Foundation  
Vicky Collins Charitable Foundation, Inc.

## \$10,000 - \$24,999

Anonymous  
Arlington Community Foundation  
Christ Church of Arlington  
Clark Winchcole Foundation  
Harry and Zoe Poole Foundation  
The Morrison & Foerster Foundation  
Washington Forrest Foundation

## \$2,500 - \$9,999

America's Charities  
Arlington Chapter of Links, Inc.  
Bill & Melinda Gates Foundation  
Faith Lutheran Church  
IBM Employee Services Center  
International Monetary Fund Employees  
Metro Washington Council of  
Governments  
Microsoft Matching Gifts Program  
Our Lady Queen of Peace Church

P&A Family Foundation  
PAVE  
Philip L. Graham Fund  
Restoration Anglican Church  
Resurrection Lutheran Church  
Temple Rodef Shalom  
Virginia Nonprofit Housing Coalition  
World Bank Community Connections  
Fund

## \$1,000 - \$2,499

Anonymous  
Arlington County Bar Foundation  
Arlington County Medical Society  
Arlington County Tennis Association  
Arlington Food Assistance Center  
Ballston BID  
Blessed Sacrament Catholic Church  
Busboys and Poets Inc.  
Capstone Title LLC  
Dominion Foundation  
Eidolon  
Eileen Fisher  
HomeAid Northern Virginia  
Independent Project Analysis, Inc.  
International Monetary Fund  
John Snow Inc.  
Marshall B. Coyne Foundation  
Marymount University



Mercedes-Benz of Arlington (pictured  
above: Morton Zetlin presenting donation)  
Miller's Office Products  
National Automobile Dealers Charitable  
Foundation  
Plave Koch PLC  
PricewaterhouseCoopers

Rock Spring Congregational United  
Church of Christ  
Saint Agnes Catholic Church  
Saint Andrew's Episcopal Church  
Saint Michael's Episcopal Church  
The Palmer Foundation  
Trinity Presbyterian Church  
Washington Speakers Bureau  
WHF Foundation  
Zonta Club of Arlington Area, District III

## \$500 - \$999

A/E Group Realty LLC  
Cara Abercrombie  
Charles & Sara Adkins-Blanch  
Julia R. Aerni  
Fay S. Alexander  
Marsha N. Allgeier  
American Apparel & Footwear  
Association  
Tyler & Lisa Anbinder  
Arlington Interfaith Council  
Arlington Presbyterian Church  
Arlington Temple United Methodist  
Women  
Kate Barton  
Bobbie Baxter  
Jeanette Beers  
Suzanne & Ed Berkey  
Virginia Burton  
Patricia Campbell  
John Chapman  
City Smart Living, LLC  
Clarendon Child Care Center  
Ed & Caren Cohen  
Shaun & Surekha Cohen  
Mark W. Cole  
Timothy Columbus  
Shari Comins  
Danielle Coote  
Ken Courtade  
Eric Cox & Gina Richard  
Craig & Lawton Cummings  
Susan Cunningham & Philip Eliot



Alissa Curry Briggs & Jenn Briggs  
 Emily Davies  
 Patricia L. Deloatche  
 Donegal Properties Inc.  
 Mary Downey  
 Diane Duston  
 Doug Elliott  
 Erika Elvander  
 Equifax Foundation  
 Robert Esguerra  
 Laura Fall  
 Thomas & Meghan Fatouros  
 Katie & Yaw Fellin  
 First Presbyterian Church  
 Gayle Fleming  
 Moira Forbes  
 John & Kathryn Ford  
 Marybeth Fraser  
 Ellen M. Frawley  
 R. Bruce & Cindy Gamble  
 Peggy A. Gartner  
 Kemper & John Gay  
 Margaret & Peter Gill  
 Francis & Barbara Gilligan  
 Give With Liberty  
 Edward & Suzanne Griesmer  
 John R. Griffiths  
 Richard & Katherine Hale  
 Laurie Hall  
 Carol H. Hart  
 Bret Howard  
 Gary & Elizabeth Hughes  
 Bernie & Nancy Hyde  
 Intercoastal Mortgage Company  
 Zubair Iqbal  
 Ivy Foundation of Northern Virginia  
 Jack & Monte LLC  
 Marilyn Jarvill  
 Ariel Johnson  
 Bob & Susan Rodis-Jones  
 Mary Lou Karch  
 Judith Kaufmann & George Moose  
 Misha Kazhdan & Maryann Wolverton  
 Cindy Huffman Keith



John & Bowman Kell (pictured above)

Jeff & Meghan Keller  
 Jodie Kelley & Scott Sinder  
 J. Andrew Keyes  
 Bill Koerner  
 Jeffrey Lande  
 Lowell & Shirley Larson  
 Paul Lazarr  
 Tina Leone  
 Little Falls Presbyterian Church  
 Ruth T. Lovejoy  
 Clay Lowery  
 Lowell & Jean Lynch  
 David Manners-Weber  
 Elana Margosis  
 Christopher & Geraldine Mataka  
 Jasper Lee & Marty Mathis  
 Marissa Maurer  
 Lawrence Mayer  
 Sean & Kimberly McColl  
 Blanche McQuade  
 George & Jean Meek  
 Melodee A. Melin & Ken Aughenbaugh  
 C. Preston & Morgan Miller  
 Amalia Miller & Geoffrey Warner  
 Erin & Sharon Moore  
 Morgan Stanley Annual Appeal Campaign  
 Ms. Molly Foundation  
 Scott & Kirsten Nathanson  
 Barbara V. Nicholas & Paul Michalak  
 Robert & Mary Ann Nirschl  
 Carrie Nixon & Dmitri Mehlhorn  
 Robert Nolan  
 Leila Nowroozi & Reynolds Wilson  
 Norm Odeneal  
 Virginia Kent Olin  
 Pamela Faith Olson  
 Kathleen O'Rourke Fahey & J. Noel Fahey  
 Brian & Catherine Parker  
 Dian K. Petty  
 Thomas Philip  
 Potomac Harmony Chorus  
 Susan Pries  
 Sandra Redmore  
 Restoration Anglican Church  
 Maximilian & Patricia Rhodes  
 Tobin & Carmen Romero  
 Heather Rosen  
 Margaret Ross  
 Leslie F. Ruppert & William Johnston  
 Kevin & Gleyde Schatz  
 Daniel & Patricia Shapiro  
 Sarah E. Sheafor  
 Deborah J. Short  
 Eric Sildon & Lucy Shackelford

Cristina Sison  
 Anna Slomovic  
 Jon Smoot & Mary Hobbie  
 Michael P. Stein  
 Paul & Linda Steinmetz  
 Marilyn E. Stone  
 Michelle Tack  
 Jennifer & Richard Toole  
 Union Privilege  
 Gopi Vatsavayi  
 Verizon Foundation – Arlington  
 Robert Ward  
 Scott Wing & Natasha Atkins  
 Women of Temple Rodef Shalom  
 Yum! Brands Foundation, Inc.

### **\$250 - \$499**

Altarum Institute  
 Terri L. Anderson & John Hitchingham  
 Laura Andrukaitis  
 Richard Appleton  
 Arlington Community Federal  
 Credit Union  
 John & Amy Ashley  
 Susan Auerhan  
 Sally Barnes  
 Frederick & Gladys Barrett  
 Kristin A. Bass  
 Hans Bauman  
 Lisa Beaman  
 Jack & Nancy B. Belcher  
 Jennifer Bodie  
 Bonner Kiernan Trebach & Crociata, LLP  
 Julie Bradsher  
 Kimberly Broome  
 Ernest Brooner & Karen Wilson  
 William Brougham  
 Laurie Brown  
 Tom & Katie Buck  
 Bush Hill Presbyterian Church  
 Diane M. Canova  
 Susan B. Carras  
 Evalyn Carter  
 Sylvester F. Ceci  
 Mary M. Churchman  
 Classic Concierge  
 Suzanne Cloutier  
 Walter Coker  
 Geraldine Copley Brann &  
 Raymond Brann  
 Malcolm & Lisa Cosgrove-Davies  
 Jane Tyler Cushman  
 Brad Danaceau  
 Rathna Davuluri

Richard & Cheryl Deem  
 Bruce & Denise DeForge  
 Josh & Amy Doan  
 Deirdre Donahue & James Dahlberg  
 Ann T. Dubas  
 Deborah A. Duffy & John Whitesides  
 Kristina Dugan  
 Debra Duncan  
 Denis & Sara Dwyer  
 Tim & Angie Elder  
 Emily Elliott  
 Heather Elmore  
 Elizabeth Epstein  
 Mary Ersek  
 Paula & Robert Evans  
 Excalibur Construction  
 Deborah Lassman Flynn  
 Mary Martha Fortney  
 Kenneth & Kathryn Fredgren  
 Bonnie Freeman & John Davis  
 Morton & Ann M. Friedman  
 Elaine & Robert Furlow  
 Margaret M. Gaffen  
 Suzanne Garwood  
 Robert Aaron Garza  
 Christopher & Cynthia Getner  
 John Gilliland  
 Laurel W. Glassman  
 David Goldston  
 Nena Goozner  
 Freddy & Barbara Grimm-Crawford  
 Brian Hall  
 Azura Hassan  
 Keith Horenstein  
 Sarah Horne  
 Mitra House  
 William & Jayme Huleatt  
 Mary & Patrick Hynes  
 Claire & Andy Jazwick  
 Kathy Lanita John  
 Jessica Kaplan & Joseph Youcha  
 KBR Care Group  
 Althea Kekker  
 Melissa Kenney  
 Idaclaire Kerwin  
 Dana & Ray Koch  
 Joseph Kresse  
 Mark Langer  
 Glenn Law  
 Lauren Lawson-Zilai

Laurie Lazear  
 Rhonda Lees  
 Rebecca Leet  
 Blanche & Stephen Lincoln  
 Priscilla R. Linn  
 C. Michelle J. Lodato  
 Scott Loftis  
 Ryan & Kerry Lombard  
 Robin Long  
 Ted & Willa Lutz  
 Daniel & Marian MacGilvray  
 Mikael Manoukian  
 Barbara Mattox  
 Jerry & Alanna McCargo  
 Timothy & Robin McCune  
 Yuchong McDonough  
 Lena Mikulak  
 Daniel Milam  
 John & Eileen Miller  
 Colleen M. Morgan  
 Marie B. Morris  
 Amy Mortimer  
 Mothers of North Arlington  
 Mount Olivet United Methodist Church  
 Bill Murphey & Barbara Washburn  
 Diane Murray  
 Ajay Nath  
 National Cathedral School  
 Amy Newman  
 Chinh Nguyen  
 Donald Oellerich & Jan Gordon  
 Maeve O'Higgins & John Harris  
 OTM Partners  
 John Parsell  
 Andrea Pendleton  
 Sheila Petri  
 Anne K. Planning  
 Gretchen A. Redmond  
 Cheryl Parker Rose  
 Mary Rouleau & Carl Hankla  
 Saint Ann's Catholic Church  
 Andrea L. Sax  
 Robert & Helene Schlossberg  
 Rosemarie & Wilhelm Schonenberger  
 Kathy J. Schwartz  
 Susan F. Scotti  
 Steve & Katy Senkus  
 Amy Falk Sheldon  
 Randolph Sibold  
 Somerset Capital Group Ltd

Linda Sparke  
 Dianne Stallman  
 William M. Stevens  
 Frances Stump  
 William J. Swedish & Linda Griggs  
 Teresa Sweeney  
 Sue & Clement Swisher



J. Walter Tejada (pictured above with  
 Caroline Jones)  
 Triina Tannelo  
 Lesley K. Tillier  
 Christy Tinnes  
 Lisa Toews-Daugherty  
 Robert & Susan Trice  
 Tritus Technologies  
 Peiti Tung  
 Joe Van Eaton  
 W. Karl & Luella Van Newkirk  
 George & Alexandra Varoutsos  
 Lee Ann Vega  
 John J. Wall  
 Anne Webb  
 Terri Welter  
 William & Linda Wharton, Jr.  
 Sally S. White & Robert Drucker  
 Anna Wilson  
 Elizabeth Windust  
 Anne H. Wittenberg & Gregory Acs  
 Steve & Linda Wohler  
 Elana Wolin & Fred Rednor  
 Katherine E. Wood  
 Craig R. Wulf & Diana Warmann  
 Michele Young

# HOW YOU CAN GET INVOLVED & MAKE A DIFFERENCE

Join us as we create pathways out of domestic violence and homelessness.

## Attend an Event!

Doorways staff and volunteers will be out and about this fall. Join us, along with our wonderful partners at one of these upcoming events:

Wednesday, Oct. 29th

### Shopping Event to Benefit Doorways at Gossip on 23rd

Gossip on 23rd in Crystal City

Thursday, Nov. 6th

### KW ACTS 7th Annual Cocktail Reception & Fundraiser to benefit Doorways & A-SPAN

Clarendon Ballroom

Thursday, Nov. 27th

### 9th Annual Arlington Turkey Trot

Christ Church of Arlington

To purchase tickets or to find out more about these events, visit our website at [www.DoorwaysVA.org](http://www.DoorwaysVA.org)



**Attend a Brighter Futures Tours** and learn more about the specialized services Doorways provides to survivors of domestic violence and families experiencing homelessness.

*Space is limited, so sign up today!*

- Thursday, November 13th, 6:30 – 7:30 p.m.
- Thursday, December 11th, 6:30 – 7:30 p.m.
- Thursday, January 8th, 6:30 – 7:30 p.m.
- Thursday, February 12th, 6:30 – 7:30 p.m.

*To sign-up to attend a tour, please contact Kristina Dugan at 703-504-9289 or [KDugan@DoorwaysVA.org](mailto:KDugan@DoorwaysVA.org)*



**Volunteer!** To learn more about our volunteer program and opportunities, attend one of our monthly Volunteer Information Nights held the 1st Tuesday of the every month, from 6:30 p.m. – 8:00 p.m. at our administrative offices.

*To sign up to attend a Volunteer Information Night, or to learn more about our volunteer program, please contact Melissa Kenney at 703-504-9284 or [MKenney@DoorwaysVA.org](mailto:MKenney@DoorwaysVA.org)*



**Make a Tax-Deductible Financial Contribution** to show your commitment to the most vulnerable in our community. Doorways is a sound investment with \$.82 of every dollar donated going directly to support the women, children and families we serve. You can make a donation by going to our secure website at [www.DoorwaysVA.org/donate](http://www.DoorwaysVA.org/donate) or contacting Heather O'Malley at 703-504-9290 or [HOmalley@DoorwaysVA.org](mailto:HOmalley@DoorwaysVA.org)



**Start a Collection Drive!** Join the **Caring Community** by supplying personal care and household items to the families in our programs by coordinating and hosting a collection drive. Rallying together friends, family, co-workers, or your faith group can be a fun way to build community and help a local cause at the same time. To learn about our daily needs and how to host a collection drive, contact Rachel Dove at 703-504-9283 or [RDove@DoorwaysVA.org](mailto:RDove@DoorwaysVA.org)



PO Box 100185  
Arlington, VA 22210



## STAY IN TOUCH WITH US

**Administrative Office:** 703-504-9400 • **Domestic Violence Safehouse & Hotline:** 703-237-0881  
**Court Advocacy & Companionship Program:** 703-244-5165 • **Freddie Mac Foundation Family Home:** 703-907-0022

[WWW.DOORWAYSVA.ORG](http://WWW.DOORWAYSVA.ORG)

 Find us on Facebook! [www.Facebook.com/DoorwaysVA](http://www.Facebook.com/DoorwaysVA)  Follow us on Twitter! [www.twitter.com/DoorwaysVA](http://www.twitter.com/DoorwaysVA)

 Watch us on YouTube! [www.youtube.com/DoorwaysVA](http://www.youtube.com/DoorwaysVA)