The Power Wheel

PHYSICAL ABUSE

Isolation

Controlling what she does, who she sees and talks to, where she goes

Emotional Abuse

Putting her down or making her feel bad about herself, calling her names. Playing mind games.

Using Male Privilege

choking

Punching,

pushing,

Treating her like a servant. Making all the "big" decisions. Acting like the "master of the castle."

POWER

CONTROL

&

Economic Abuse

Sexual Abuse

a sex object.

hitting grapping using a weapon, b Trying to keep her from getting or keeping a job. Making her ask for money, giving her an allowance, taking her money

Making her do sexual things against her will. Physically

attacking the sexual parts of her body. Treating her like

Intimidation

Buidding to Builting Superson Putting her in fear by using looks, action, gestures, loud

Threats

Making and/or carrying out threats to hurt her emotionally (i.e. take the children, commit suicide, report her to welfare, etc.)

Using Children

u give usages, using visitation as a way to harass her. BURNOUTO BURNOUTO BURNOUTO

Domestic Abuse Intervention Project Duluth, Minnesota

beating,

J. throwing