

NEWSLETTER & FISCAL YEAR 2016 ANNUAL REPORT

Campaign for Brighter Brighter Futures





Letter from the President and CEO

Dear Friends.

Almost 40 years ago, an amazing group of people saw an unmet need in our community and stepped up to make a difference. Through Doorways' first shelter in 1978, they pioneered our community's formal response to the complex needs of family homelessness and interpersonal violence. Since then, thanks to the support of our community and feedback from those we serve, their dream has grown and transformed into the Doorways we are today.

The past few years have been ones of dramatic increase, both in the number of people reaching out for our help and in the ways we are helping. We are driven to provide real solutions to complex problems, because when there is a gap or a hole in our safety net, we feel it. Imagine living in your car, your young child sleeping in the back seat, waiting. When crisis hits, our clients cannot wait, so neither can we. The time is now to invest in their safety, stability and brighter futures.

We are strategic in how we respond to homelessness and interpersonal violence, and as a result, we're reaching more vulnerable families and youth than ever, and offering support well beyond shelter to help them overcome substantial hardship. Most recently, Doorways developed the **Pathways for Youth Service Model** to target programming for the increasing number of young people we serve, and we launched our **Revive Domestic & Sexual Violence Counseling Program** for survivors of all ages.

Last year, we served 2,849 adults and children, and we expect that number to keep growing. In this time of unprecedented need, we must do more than we've ever done before to ensure that our most vulnerable neighbors are not trapped and limited by abuse, instability and unsafe living conditions.

To make this possible, we need your help. Our **Campaign for Brighter Futures** calls on us, all of us, to step up like Doorways' founders did years ago. Whether you've been with us since the beginning or are brand new to this community, you have a critical role to play in safeguarding our response to those in crisis. As more people summon the courage to seek a way out and forward, we need to be here both as an organization and as a community. We must reaffirm our commitment to ensuring that the women, men and children Doorways serves are empowered to achieve the safety and stability they need to reach their full potential.

We know that with the right people, the right services and the right resources, we can help people create a better life with long-term safety and stability. For those who have already joined the **Campaign for Brighter Futures**, we thank you immensely for taking action to strengthen and preserve our safety net. This community is ours to shape, and together, we'll create the brightest possible future.

In partnership and with appreciation,







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MISSION:

Doorways for Women and Families creates pathways out of homelessness, domestic violence and sexual assault leading to safe, stable and empowered lives.

VISION:

We envision a community where all people live free of violence and have safe and stable housing.

VALUES:

Empathy

We seek to understand different perspectives and approaches in our interactions and responses to one another.

Collaboration

We believe working with others through active preparation and participation adds value, increases effectiveness and improves our impact.

Integrity

We value fairness, honesty, transparency and accountability in our words and actions.

Inclusivity

We are committed to a culture of inclusivity and exercise equality and mutual respect.

Empowerment

We promote personal responsibility and accountability and believe in supporting people to achieve their personal best.

Respect

Through our words and actions we acknowledge the worth and value of each person.

Board of Directors

Officers

Stephen Fedorchak, Board President Joanne Petty, Vice President Alanna McCargo, Treasurer Suzanne Garwood, Secretary Caroline Jones, President and CEO

Members

Marsha Allgeier Alissa Curry Briggs Sarah DeVoe Nicholas Evans Amy Hauser John Kell David Kinney Bill Koerner Scott Loftis Carmen Oviedo Yuri Sagatov Kevin Shooshan Noah Simon Laura Young

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We are indebted to former board members Sherrie Bakshi. Rachel Brand, Rebecca Girvin-Argon and Erik Gutshall for their dedicated leadership and their commitment to those we serve. We are also proud to welcome our newest board members, Marsha Allgeier, Sarah DeVoe, David Kinney, Bill Koerner and Carmen Oviedo.

Unless otherwise noted, all men, women and children in photographs are models whose images have been used for illustrative purposes.

Doorways' Client Services Programs are Confidential



Campaign for Brighter Futures

A safe today, a stable tomorrow and the brightest possible future

The Campaign for Brighter Futures is a three-year, \$10-million comprehensive fundraising campaign aimed at engaging our community and increasing private, philanthropic investment in the areas of safety, stability and sustainability. Through this campaign, we hope to raise the private funds needed to maintain our current services, meet the growing, more complex needs of our neighbors, and ensure that our doors will always remain open to those who need us.

We launched the **Campaign for Brighter Futures** because of one simple fact: our current funding streams are not up to the task of meeting the rapidly increasing and changing needs in our community. The hard truth is that while funders come and go, the number of people who need our services keeps growing and growing. In this environment, we cannot just hope for the future. We must plan for it.



Doorways Graduate Alisa Thornton (center) watches the presentation at Doorways' Campaign for Brighter Futures Breakfast with her daughter, Alaisia (left) and Caroline Jones (right). (Boghosian Naltchayan Photography / Joyce N. Boghosian)

The time is now

Experiencing homelessness, domestic violence or sexual assault is traumatic. Many of our clients have experienced abuse and homelessness over the course of many years. Whether someone has experienced one of these traumas once, or all three for a lifetime, Doorways is committed to supporting their path to a brighter future. Helping each client unpack the layers of their experiences and heal requires a trauma-informed approach tailored to individual needs and goals, starting with an immediate response. When our clients are in crisis, they cannot wait. For them, and for Doorways, the time is now.

Bearing witness and taking action to address disturbing trends in our community

The need for our programs and services has never been greater. Over the past two years, every Doorways program serving survivors of violence has grown. Last year, we responded to 1,347 calls to our 24-hour Domestic & Sexual Violence Hotline (703-237-0881) impacting 2,206 adults and children – a record number in Doorways' 38-year history. Nationwide, more than 1 in 3 women and 1 in 4 men will be in a violent relationship in their lifetime – that's as many as 65,000 people in Arlington County alone. As the issues of domestic violence and sexual assault gain more attention in the media, many people who've been hidden and felt alone are finding the courage to reach out and seek support.

Furthermore, we've seen a disturbing trend in the faces of homelessness as our clients have gotten younger and younger. Nearly 40 percent of families are headed by an adult age 25 or younger. And despite the recent successes in reducing veteran and chronic homelessness in our community, families still remain the fastest growing segment of the homeless population—now close to 50 percent.

Due to high cost of living and lack of affordable housing in our region, those at the lower end of the economic scale continue to struggle. The bottom line is that there are far too many women, men and children who live in unsafe, unstable situations in Arlington and are unable to live up to their full potential.

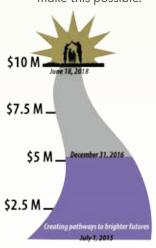
Healing the whole person, empowering the whole family and serving the whole community

Doorways' **Campaign for Brighter Futures** seeks to make our entire community stronger by lifting individuals and families out of violence and poverty, and ultimately breaking the cycles that keep many generations of families locked in struggle. Together, with the support of the community, we can ensure a safe today, a stable tomorrow, and the brightest possible future.

Campaign timeline and progress

\$5.2 million raised in 1.5 years

Eighteen months into the three-year comprehensive fundraising campaign, we're proud to announce that the **Campaign for Brighter Futures** has reached its halfway point! As of December 31, 2016–18 months into the campaign—Doorways raised 52% of our \$10-million goal. We are so grateful to all of those who've given so far to make this possible.



"Imagine a community where a person's potential isn't limited by homelessness or abuse," said Caroline Jones, our President and CEO. "Together, we can ensure that our generation and the ones to come have an immediate response to crisis, safe housing, and the therapeutic services needed to heal and build the brightest possible future."

The **Campaign for Brighter Futures** will conclude in 2018, Doorways' 40th Anniversary. We look forward to engaging even more of our community to raise the remainder of the funds needed to achieve our goals and the brightest possible future.

Our goals

Funds raised through the **Campaign for Brighter Futures** will allow Doorways to accomplish three critical goals:

GOAL I: A Safe Today

Hundreds of people in crisis turn to Doorways each year. Each one deserves our respect, compassion, and immediate support. That's why we are raising funds to increase our capacity so that no one in our community has to wait to find safety.

Through the Campaign for Brighter Futures, we will:

- Provide a greater range of immediate shelter for the growing number of people in harm's way by leveraging affordable units as Safe Emergency Apartments.
- Respond to the homeless youth crisis with specialized housing, counseling and employment programs for homeless young adults and very young families.
- Offer longer-term housing options and support services for families with significant histories of trauma, abuse and instability.

GOAL II: A Stable Tomorrow

The impacts of extreme poverty or trauma are not simply undone by a safe night's rest. Doorways' Comprehensive Service model includes trauma-informed counseling, safety planning, economic empowerment, and children's services—so that when a person or family comes to Doorways, they develop the tools and skills to begin healing and building a stable future.

Through the **Campaign for Brighter Futures**, we will develop new solutions to meet the growing, more complex needs of our clients by:

- Expanding employment services to help adults find and keep jobs that offer a living wage.
- Preventing the recurrence of violence, poverty, and homelessness by supporting our clients even after they have left our full-time care with counseling, case management, and other services.

- Enhancing and expanding our services to better reach all persons in our community who have experienced interpersonal violence (adults, youth, and children) by offering trauma counseling, even if they do not live in one of our homes.
- Enhancing counseling and mental health supports for adults and young adults recovering from the trauma of homelessness who are often stymied by unmet needs in this area.

To learn more about the **Campaign for Brighter Futures**, visit www.DoorwaysVA.org/campaign.

Goal III: The Brightest Possible Future

True leaders must always have an eye to what comes next. We cannot know today what challenges or opportunities tomorrow will bring. But we do know hope is not a strategy. Doorways is creating the **Sustainability Fund** to ensure that we are always here for our neighbors in crisis and can adapt quickly to our community's changing needs. We teach our clients to save for a rainy day. Now, it's our turn.

Through the **Campaign for Brighter Futures**, we will create a Sustainability Fund to support our mission during times of change by:

- Ensuring funds exist to continue key programming in times of unforeseen change.
- Preparing Doorways to take action when needs arise in our community that our expertise can meet.
- Engaging our supporters in long-term planning for how we sustain meeting our mission over time.

How can I support the Campaign for Brighter Futures?

We are turning to every person in our community to help lift up this organization that lifts up so many. Just as the women, men, and families we serve look to us for strength, Doorways is also made stronger thanks to the thousands of generous donors, volunteers, and community members who stand with us. You've heard it said that it "takes a village," and we are living proof. Our ability to move our most vulnerable neighbors out of crises and into brighter futures depends on your partnership.

DONATE

By making a gift to the **Campaign for Brighter Futures**, you're investing in a safe today, a stable tomorrow and the brightest possible future for our clients and our community.

We invite you to play a pivotal role in ending violence and homelessness in our community and make it the best that it can be. Your donation creates a pathway out of crisis. Help us provide the support our most vulnerable community members require to achieve safety, stability and brighter futures for themselves and their families.

There are many ways to give, including the following:

- · Join a giving society with a multi-year pledge
- Join our **Good Neighbor Club** by giving monthly
- Involve your company or employer through corporate and workplace giving
- Engage your congregation or community group
- · Make a one-time gift
- · Make a planned gift

Donate now at www.DoorwaysVA.org/donate. To discuss a campaign gift, please contact Heather O'Malley, Director of Development and Communications, at (703) 504-9290 or HOMalley@DoorwaysVA.org.

Make a planned gift

Through planned giving, you help guarantee that women, men and children in Arlington will have access to safe shelter, long-term housing and supportive services that will help them overcome abuse and poverty 10, 20, even 50 years from now. Planned gifts to Doorways' **Sustainability Fund** support Doorways' long-term ability to deliver vital services and guard against unforeseeable, yet inevitable, shifts in public and private funding.

See page 35 to learn more about joining Doorways' Legacy Society to safeguard Doorways' future response.

Planned gifts can be funded with cash, stock, real estate or other tangible personal property.

- · Will or living trust
- · Retirement plan
- Life insurance policy
- Charitable remainder trust
- · Charitable lead trust
- · Gift of real estate
- Any other gift that benefits Doorways in the future

To help safeguard the future of Doorways' response to homelessness, domestic violence and sexual assault in our community by making a planned gift today, contact Christy Cole, Gift Planning Advisor, at (703) 504-9403 or CCole@DoorwaysVA.org.

ATTEND OR HOST A BRIGHTER FUTURES TOUR

We welcome you to sign up to attend one of our monthly Brighter Futures Tours at the **Freddie Mac Foundation Family Home** or host a **Tour on the Road** at your church, office or meeting place. These tours offer an insider's perspective on life at Doorways, provide information about our mission and demonstrate Doorways' impact through client stories. To sign up or learn more, please contact Veronica Floyd, Development Associate, at VFloyd@DoorwaysVA.org or (703) 504-9293.

GET YOUR COMPANY INVOLVED

Support Doorways through workplace giving

Individuals participating in the United Way Campaign and Combined Federal Campaign may designate Doorways using the following identification numbers:

- · United Way #8031
- Combined Federal Campaign (CFC) #60586

Matching gift programs can sometimes double or even triple your gift! Many employers sponsor matching gift programs and will match charitable contributions made by their employees. Talk with your employer to find out if your company has or would be interested in establishing a matching gift policy.

Become a Doorways Corporate Ambassador

The Corporate Ambassadors program is a leadership group of corporations that works in partnership with Doorways to end homelessness, domestic violence and sexual assault in our community. This partnership will enable your company to make annual contributions in support of Doorways' mission and programs and take advantage of a variety of benefits throughout the year that fit your company's philanthropic goals. Gifts may be made in a variety of forms, including:

- Financial contributions
- Product donations or drives
- · Professional services
- Employee volunteerism

Learn more about the benefits of becoming a Corporate Ambassador at www.DoorwaysVA.org/ambassadors. For additional information or to establish your corporate partnership, contact Miguel Buddle, Corporate Giving Manager, at (703) 504-9291 or MBuddle@DoorwaysVA.org.

SHARE OUR STORY

By sharing Doorways' story, you can help ensure that our community is aware of the resources available, whether someone needs help or wants to offer support.

Subscribe to Doorways' email list

If you haven't already, subscribe to Doorways' email list for the latest news, information and opportunities to get involved. When you feel informed or inspired by an email, we also ask that you forward it along to one or more friends. People are more likely to give or get involved when a friend asks them to, so sharing on our behalf can have a tremendous ripple effect across our community.

To subscribe to our email list, visit www.DoorwaysVA.org/connect.

Spread the word on social media

Follow Doorways on Facebook and Twitter, and share our social media posts with your friends and followers to help educate our community about the issues of family homelessness, domestic violence and sexual assault and how to address these issues by participating in events and awareness days, by making donations to Doorways, and more.

For quick links to follow Doorways on social media, visit www.DoorwaysVA.org/connect.

SUPPORT URGENT NEEDS THROUGHOUT THE CAMPAIGN

While the Campaign for Brighter Futures is underway, help us meet additional urgent needs through regular campaigns such as Holiday Wishes, Mother's Day Cards and our Back to School Campaign. Because the Campaign for Brighter Futures is comprehensive, the financial gifts you give through Holiday Wishes and other campaigns also support our \$10-million campaign goal.

Give gift cards and other in-kind donations

In addition to financial donations, in-kind donations, including

Learn more about the power of plastic on page 8.

critical gift cards for our clients and supplies for our shelters, remain a daily need at Doorways. Too often, our clients have spent years without choices due to abuse and instability. Gift cards empower our clients with the ability to choose new clothing, personal care products, school supplies, groceries and more. Gift cards also provide the following:

- Spending flexibility
- Decision-making ability
- Financial empowerment
- · Budgeting practice

Home goods such as toilet paper, paper towels and trash bags are also a continuous need in Doorways' day to day operations. Whether you donate these items through our Amazon Wish List, conduct a drive at your church, workplace or through another group you're a part of, these supplies help provide the comforts of home.

To discuss our in-kind needs, contact Veronica Floyd, Development Associate, at (703) 504-9293 or VFloyd@DoorwaysVA.org.

THE CAMPAIGN FOR BRIGHTER FUTURES IS ABOUT CREATING THE ARLINGTON WE WANT TODAY, TOMORROW AND BEYOND

Most of us know at least one person who is affected by the interconnecting issues of homelessness, sexual assault, and domestic violence. They are our neighbors, coworkers, friends and loved ones. With a 40-year track record of answering the call and supporting those who need us most, Doorways has long been our area's go-to resource for people facing these forms of crisis. We pair unparalleled compassion with clinical expertise in every part of our approach. By giving our clients the tools to fully heal, we are doing more than helping them regain their independence and confidence—we are helping to break cycles of violence and poverty that too often repeat.

We invite you to play a pivotal role in ending violence and homelessness here in Arlington and beyond. It will take every one of us to make our community the best that it can be. Please help us provide a safe today, a stable tomorrow, and the brightest possible future for our neighbors in crisis.

The Power of Plastic

You probably know the feeling-you're checking out at the register, reach for your wallet, and realize it isn't there. The scramble that follows, particularly if there's a line behind you, is stressful and likely to leave you feeling embarrassed. Best case, it was accidentally left in the car, and you can quickly run out and grab it and return to finish your purchase. Or perhaps you've been in the even more stressful situation of having your wallet, but not having enough money in it. Maybe the total comes up higher than you expected, and you don't have enough cash to cover it. Or maybe you hand over your card only for it to be denied. Was my credit card number hacked? Did I overdraw my checking account? How is my paycheck already gone? We've all likely had, at the very least, a glimpse of not having enough, and it's a painful experience.

TOUGH CHOICES. Do I put back the snacks for my kids' lunches or my medicine? If I buy these groceries today, can I pay my electric bill next week? If I don't make my rent payment on time, will my landlord give me another chance? And in instances where financial abuse comes into play, those tough choices may be beyond the survivor's control; their abuser may have opened credit cards in the survivor's name, collected their paychecks to control how they're spent, or denied access to bank accounts. Doorways' clients often lack choices when it comes to their spending, often due to years of

NOT HAVING ENOUGH LEADS TO



abuse or instability.

WITH YOUR HELP, WE GIVE CHOICE BACK.

One critical component of this empowerment is gift cards to stores like Target. Gift cards enable our clients to shop for the clothes, medications, household items and more that they need to provide for their families and rebuild a safe home. Shopping with gift cards enables clients to practice budgeting so they can prioritize their spending and make ends meet. This also enables clients to build savings that are critical to achieving and maintaining stable and independent lives. And while gift cards put spending power in our clients' hands, these gifts also enable Doorways to direct our financial resources to other critical needs such as our **Financial Independence Track** and day-to-day shelter operations.



What Gift Cards Can Buy

Here are recent examples of purchases our clients have made using donated gift cards:

- Medication
- Underwear
- Work shoes
- Coats
- · Rain boots
- Interview outfits
- · Work uniforms
- Shoes (for a little one who moved in without any)
- Hair clippers (helps clients save money on haircuts)

Visit www.DoorwaysVA.org/gift-cards for a list of urgently needed gift cards, including Target gift cards. Gift cards can be ordered online and shipped to Doorways at P.O. Box 100185, Arlington, VA 22210. If you prefer to purchase gift cards in store and deliver them in person, please contact Veronica Floyd, Development Associate, at (703) 504-9293 or VFloyd@DoorwaysVA.org to arrange a drop-off.

Travis' First Ever Shopping "Spree"

By Luis Callejas, Doorways Financial Counselor

The monetary value of a single gift card can make a world of difference for a client in need. Travis experienced this first hand when he received his first gift card to purchase professional attire for an interview that eventually led to full-time employment. At the time, he expressed feeling overwhelmed and anxious at the thought of shopping alone, since he hadn't done much of it in the past. Seeing an opportunity to instill smart financial concepts and solid budgeting, I offered to join him on his first ever shopping "spree." He picked out an outfit that fit him well, looked professional, and instantly boosted his confidence. His interview was a success and resulted in a decent paying job that allowed his family to surpass their initial savings goal, and in the process gave Travis the confidence and motivation to overcome his current situation and transition to self-sufficiency and independence.



Doorways Model

Doorways for Women and Families envisions a day when all people in our community live free of violence and have safe and stable housing. Since 1978, we have given thousands of our neighbors a pathway out of violence and homelessness and empowered them to create brighter futures.

We understand that the causes of family homelessness, domestic violence and sexual assault are profound and varied. Many of our clients have experienced just one of these issues, while others have faced all three. Doorways works to break the cycles of poverty and violence through every interaction we have with our clients and by advocating for systemic policy change. We are successful because we treat each person as an individual, tailoring our programs and services to help every adult and child we serve overcome trauma, build life skills and ultimately unlock their full potential. From immediate crisis intervention to counseling, housing and employment support, we offer real options and multiple pathways to build brighter futures.

Together with our community, Doorways puts thousands of parents and children on paths to brighter futures by providing:

- An immediate, safe response to our neighbors in crisis
- Safe housing options, from emergency shelter through long-term housing
- Comprehensive support services that help our clients achieve and maintain stability

Responding to Crisis

Thousands of people in crisis turn to
Doorways each year. To us, they are not a
statistic. Each person is a human being who
deserves our respect, compassion, and immediate support.
As a critical part of our community's safety net, Doorways'
immediate response addresses safety concerns for our
neighbors escaping violence. Our highly trained staff

understand the complexities of trauma and crisis, and offer our neighbors multiple pathways to immediate and long-term safety. Our crisis services include:

- Arlington's only 24-Hour Domestic & Sexual Violence
 Hotline, which provides crisis intervention, support,
 counseling and immediate assistance to victims of
 domestic and sexual violence and those seeking help.
- A trained, knowledgeable and compassionate companion to provide Hospital Accompaniment for survivors of sexual assault seeking medical attention.
- Court Advocacy services for survivors of domestic and sexual violence as they navigate the legal system to protect themselves and their children.

Providing Safe Housing

When individuals and families don't have a safe place to live, Doorways provides the keys. Working with our partners in the community, we offer a range of safe housing options from secure emergency shelters and community apartments to longer-term housing. Our housing services include:

- Arlington's only Domestic Violence Safehouse, Safe Kennel and Safe Apartments provide safe shelter for women, men and children escaping domestic violence.
- Freddie Mac Foundation Family Home provides safe shelter for families who are experiencing homelessness.
- HomeStart Supportive Housing Program provides long-term housing coupled with comprehensive services for families moving beyond homelessness and emergency shelter. Today, 2/3 of our clients live in their own apartments with Doorways' services coming to them.



Empowering Stable Futures

The impacts of extreme poverty or trauma are not simply undone by a safe night's rest. Doorways' Comprehensive Service Model includes counseling, safety planning, economic rebuilding and empowerment and targeted children's interventions—so that when a person or family comes to Doorways, they have the tools to recover from hardship and can begin to build a stable future. Our team of licensed counselors, social workers, and staff does whatever it takes to put our clients on their path to a brighter future. Doorways also advocates on behalf of those we serve to create political and economic solutions to the root causes of violence, poverty and family homelessness. Our Comprehensive Service Model includes:

- Trauma-Informed Goal Planning and Counseling Services help clients across our shelters and programs identify barriers to independence and begin to heal, build skills and achieve goals towards self-sufficiency.
- Children's Services provide physical, emotional and social supports to help children heal from the traumatic effects of homelessness and domestic violence.

- Financial Independence Track provides interactive, individualized financial education on budgeting, saving and debt management, as well as employment and career counseling to help our clients achieve economic stability.
- Revive Domestic and Sexual Violence Counseling
 Program provides individual and group counseling
 for adults, youth and children in our community
 impacted by abuse to foster healing and long-term
 wellness and safety.
- **Graduate Services** offer former clients in our community additional support to help them maintain their independence and self-sufficiency.
- Community Advocacy & Engagement encourage political, economic and community changes that will eliminate the root causes of violence, poverty and family homelessness.

To learn more about Doorways' unique approach and join our cause, visit www.DoorwaysVA.org.

Services Matter

Over 2.5 million children in the United States are homeless.

Families comprise nearly 40% of the overall homeless population and make up 50% of the sheltered homeless population.

One in 30 children in the United States will experience homelessness.



The size and scope of family homelessness in our country is staggering. The federal government's strategic plan to address homelessness, issued in 2009, calls for the elimination of family homelessness by 2020, yet offers limited policy guidance and scarce funding to accomplish the goal. In an effort to inform federal policy on family homelessness, define the resources needed to address the problem, and draw national attention to effective community programs, the Bassuk Center on Homeless and Vulnerable Children & Youth has released a groundbreaking report.

The Center conducted the first comprehensive, national survey of community providers who work with homeless families. These organizations, including Doorways, are working with families to help them stabilize and rebuild their lives. They know what works and these organizations can lead the way toward a better understanding of family homelessness and the policies, programs, and resources to address it.

The Bassuk report, aptly named Services Matter: How Housing and Services Can End Family Homelessness, highlights the components of successful programs to address family homelessness. While it is indisputable that housing is a critical piece of the puzzle, rapid re-housing, the hallmark of federal policy to address family homelessness, lacks strong evidence for long-term effectiveness. Communities report that they are able to quickly move families out of shelter into housing but many of those families do not stabilize or thrive.

Common Themes

The causes of family homelessness are varied and complex and a closer look at the experiences of homeless families reveals some startling yet common themes. According to the report, a typical homeless family consists of a young mother alone with her two young children. A significant gap between income and the cost of rent is what leads to loss of housing, but low paying employment, scarce educational opportunities, lack of childcare and transportation, physical and mental health issues and interpersonal violence all play a role. More than 90% of homeless mothers report they have been physically and/or sexually abused. The resulting trauma of abuse, poverty, and homelessness can lead to high rates of traumatic stress and depression which compromise the mother's ability to parent and support her family.

Why Services Matter

According to the Services Matter report, exemplary programs, those that are successful in helping families stabilize, employ a spectrum of services tailored to each family's needs. These services address the root causes of homelessness and provide a pathway to self-sufficiency for families:

- 1. Permanent affordable housing
- 2. Education, job training, and income supports
- 3. Assessment of the needs of parents and children
- 4. Trauma-informed care
- 5. Recognition and treatment of depression in mothers
- 6. Family preservation
- 7. Parenting supports
- 8. Addressing children's developmental and mental health needs

While resources remain scarce to implement the recommendations of the Services Matter report, the outlook is hopeful. The report outlines actions at the program, community, state, and federal levels that will mobilize a comprehensive response. The report calls for a decisive federal response including funding to meet the programmatic needs at the local level and careful coordination at the state and local level to address critical gaps in service delivery with evidence based programs. The Bassuk Center report shows us that proven solutions to family homelessness are within our grasp.

Key Findings

- 85% of providers agree that family homelessness has increased in their service area over the past two years
- 90% of providers agree that services are necessary
- 93% agree that most families need services to remain stably housed
- 94% agree that assessment of each family member is needed
- 95% agree that services for homeless families should be trauma-informed
- 91% agree that mental health and substance use services must be part of the solution



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The realities of limited education and job skills, trauma exposure, sexual and physical violence, mental health conditions and substance use cannot be ignored because they may be costly and inconvenient to policymakers trying to shoehorn this crisis into a manageable federal budget line. Spending less money on a solution that ignores reality won't save a dime. It will only deepen the crisis and the suffering."

 $-\mathsf{Services}$ Matter: How Housing and Services Can End Family Homelessness

FISCAL YEAR 2016 ANNUAL REPORT

Together with our community, Doorways served 2,849 women, men and children July 1st, 2015 - June 30th, 2016, providing multiple pathways out of crisis to safe, stable and empowered lives:

Responding to Crisis

Answered 1,374 calls to our 24 Hour Domestic & Sexual Violence Hotline



Provided Hospital Accompaniment to 23 survivors of sexual assault

Served 220 adults and 145 children through our Court Advocacy Program

Providing Safe Housing

Short-Term Shelter



Provided safe housing to 36 adults and 41 children at the Freddie Mac Foundation Family Home

Provided safe housing to 42 adults and 38 children in our Domestic Violence Safehouse & Safe Apartments

Long-Term Housing



Served 52 adults and 69 children in our HomeStart Supportive Housing Program

Empowering Stable Futures

98% of clients experiencing intimate partner violence developed a safety plan

367 protective orders were obtained with the support of the Court Advocate



86% of households experiencing homelessness exited to safe, long-term housing

97% of children across programs received screening and services to address social-emotional needs

60% of clients in shelter and housing improved employment or earning capacity and an additional 20% maintained employment

Nearly 70% of participants built savings

What Our Clients Say

"In the most difficult moment of our lives, people came to help us. There were volunteers and staff that played with my daughter and made us feel better."

"I was able to find a job, set a savings and money management plan and sign a new lease... Thank you Doorways."

"You guys changed my life in so many ways. Everyone was very helpful. I will never forget, and my kids will never forget, all the love that was given by every staff member here. Thank you."

"I feel safer. I got a roof over my head and distance from an abuser."

"I got my own home for my kids and myself. My kids are my treasure and they are safe now."

"I found a better job, got back on my two feet, and got help finding housing."

Fiscal Year 2016 Financial Information

Making the most of your financial support

For every \$1.00 we received in fiscal year 2016, \$.77 went directly to support the women, children and families we serve.

Doorways was thrilled with the tremendous response to the "quiet" phase of the **Campaign for Brighter Futures**—the first year of the campaign, which occurred in FY16 — during which annual private donor contributions increased substantially to over \$3 million, consisting of both cash donations plus over \$2 million in pledged multi-year support. We are incredibly grateful to the generous donors who made the start of this campaign so successful.

In accordance with the rules mandated by generally accepted accounting principles, the entire amount of **Campaign for Brighter Futures** pledges made during FY16 were accounted for as contributions revenue, even though a portion of the pledges will not be paid until Doorway's 2017 fiscal year and beyond. Primarily due to campaign pledges, both those paid in FY16 and those payable in future fiscal years, Doorways' support and revenue exceeded its FY16 operating expenses, resulting in a surplus of about \$1,494,000.

During FY16, Doorways also benefitted from increased local and state governmental support with the award of full-year government contracts for the **24-Hour Domestic** & Sexual Violence Hotline and Safe Apartment, which were operated in start-up mode during Doorway's 2015 fiscal year. Additionally, as we expected, foundation support declined during FY16 as the planned wind-down of the Freddie Mac Foundation continued. Due to the planned reduction in Freddie Mac Foundation support and an expectation of declining institutional funding support in general, Doorways' management anticipates that we may incur operating deficits in fiscal years subsequent to FY16 and intends to offset such deficits, if any, with the FY16 surplus resulting from the Campaign for Brighter Futures.

Doorways' management understands acutely that our donors give to make a profound difference in the lives of those in great need, and we're proud and thankful that we've earned your respect and confidence. During the current fiscal year, Doorways' management will continue to honor this trust by striving to carry on our tradition of meeting our client's needs in the most efficient, cost-effective manner possible while remaining focused on lasting outcomes in their safety and stability. We will continue to safeguard financial resources that have been entrusted to us through an appropriate internal control environment with an emphasis on strong budgetary control and routine periodic governance review.

To view our complete FY16 audited financial statements, please visit our website: www.DoorwaysVA.org/publications.

Support and Revenue	Amount
Contributions	\$3,057,507
Government Grants and Contracts	1,498,714
Foundation Grants	699,752
Special Events Revenue	92,001
In-Kind Contributions	240,293
Investment Income (Loss)	(17,641)
Other Revenue	2,915
Total Revenue	5,573,541
Expenses	
Program Services:	
Domestic Violence Program	849,019
HomeStart	718,569
Family Home	768,452
Services	595,553
Community Education	193,554
Counseling	11,452
Total Program Services	3,136,599
Supporting Services:	
Fundraising	661,048
Capacity Building	65,441
Management and General	216,238
Total Supporting Services	942,727
Total Expenses	4,079,326
Change in Net Assets	\$1,494,215



CLIENT JOURNEYS

Through Doorways, women, men and children are empowered to find their own paths to safety and stability. Thanks to the generosity of our supporters, Doorways is able to provide much more than emergency shelter to survivors. Our donors make it possible to provide the comprehensive support services that give women and families the skills and tools they need to rebuild their lives and achieve a brighter future.

Daniel's Rocket Ship

By ages 5 and 6, Antonio and Daniel had witnessed domestic violence at home. For years, their mom, Paula, had been focused on survival. She did all she could to maintain her children's safety by engaging daily in survival skills, but this consuming task left her with very little time to experience play, learning and joy with her children. Daniel, the oldest child, suffered from social anxiety, and transitions were particularly difficult for him. He had also learned aggressive and reactive behavior growing up in a violent home.

Thankfully, Paula and her boys came to Doorways' **Domestic Violence Safehouse,** where they began to heal together. By working with the Children's Counselor at the Safehouse, Paula learned calm, positive ways to communicate with Daniel and redirect the behaviors he had learned while witnessing violence. When the time came for the family to transition from the Safehouse to the **HomeStart Supportive Housing Program,** the Children's Counselor worked with Paula, Antonio and Daniel to help with the transition.



As they transitioned to HomeStart, the Children's Counselor met with the family on a weekly basis to work on the challenges of adapting to a different life in their new apartment. Paula was able to focus on her boys in a new way, with the social and developmental support they needed. The Children's Counselor helped Paula feel empowered to be an authority figure in the house and to understand the school system despite language and cultural barriers. Through modeling, the Children's Counselor showed Paula how to engage in positive discipline, talk to Daniel and Antonio about difficult themes and tune in to their needs. The counselor provided the children art therapy and play exercises to help develop the self-esteem and self-worth needed to be happy and successful after the trauma they had experienced.



Paula shared with the Children's Counselor that she was particularly concerned about Daniel because of his anxiety and difficulty with transitions. She wanted him to be able to attend and enjoy summer camp, but new places and people made Daniel nervous. To help with his anxiety, during one in-home session, Daniel worked with the counselor to create a book about a rocket ship that would take him around the universe for adventures. Then the whole family worked together to make Daniel's rocket ship a reality by building it with a big cardboard box as a therapeutic activity. The rocket ship had words of encouragement inside that would make Daniel and Antonio feel safe during their journey toward new places. Using play therapy and metaphors, the boys got in the rocket ship together, and their mother and the Children's Counselor guided them as they explored unknown planets and experiences.

When they got to an unknown place for the first time, Daniel got so scared about interacting with these pretend new places that he ran, wide-eyed, to his room and didn't want to come out. The Children's Counselor spoke with Paula about the importance of addressing the challenges that are faced outside of their home by talking and practicing appropriate ways to deal with difficult emotions. Soon after, with their support, Daniel came out from his room and said, "I'm ready to try again!" and so they did. This time, Paula gave Daniel his teddy bear, and his brother hugged him during the whole ride to the planet where he would interact with new people and things. Together, they arrived safely.



Daniel knew he would have to interact with new people and things at camp and when school started again. In partnership with the Children's Program, Paula developed self-sufficiency skills as a parent and was empowered to remain in touch with her children's needs when they graduated from Doorways. Thanks to all of the practicing they did at home, Paula reported that even though Daniel became a little emotional, she was able to help him through the anxiety that he was feeling by engaging in the same exercises they had done with the Children's Counselor. With this support from his mom, Daniel was able to begin a grand new adventure at school this year.

For another perspective on Daniel's story, see page 24 for Tani Lublin's Volunteer Spotlight.

We Are All Friends: Sasha's Story

By the time she was in first grade, 7-year-old Sasha had already attended school in three different states. Sasha, her 13-year-old brother Zack and their dad, John, a veteran, had inconsistent housing, evictions and frequent moves throughout the East Coast while John searched for steady income.



When Sasha and her family came into

Doorways' **Freddie Mac Foundation Family Home,** she had an initial diagnosis of attention deficit hyperactivity disorder (ADHD). With her father's support, Sasha began working with Doorways' Children's Counselor to mitigate her symptoms in hopes of improving her functioning and behavior at school. Sasha loved the idea of getting her own "meeting" with a staff member in the Family Home.

After a couple of sessions, it became clear that there was more to Sasha's mental health presentation than a diagnosis of ADHD. The Children's Counselor worked with Sasha's school to complete a psychological reevaluation, including helping John with completing assessments on Sasha's adaptability and reasoning within the home setting. The counselor attended the school's special education evaluation and eligibility meeting and advocated for an updated diagnosis of Intellectual Disability, based on adaptability and intelligence quotient scores, along with continued ADHD.

The Children's Counselor continued to provide weekly individual counseling sessions with Sasha and provided John with psycho-education and parenting skills around his daughter's needs. Sessions included discussion and activities to introduce Sasha to talking about feelings and their expression, self-calming, self-control, social skills, communication and focus. The Children's Counselor incorporated books, play-dough, puzzles, memory games and drawing and writing supplies to integrate play- and art-themed exercises into the sessions.

So far, Sasha's favorite activity has been simple mazes. Through these mazes, the Children's Counselor assists Sasha in practicing patience, fine-motor control, thinking ahead and problem-solving skills. This activity also opened discussion of different healthy ways to respond to frustration. Sasha also attends Doorways' bi-monthly children's therapy groups, called Huddle, and participates weekly in play activities with Children's Volunteers. These additional interventions have provided opportunities to work on Sasha's interactions with other children and adults. Over many months, Sasha's self-control and social skills have dramatically increased. The ability to provide direct services through individual counseling, group counseling, parent involvement and collaboration with the school system has provided Sasha with a stable environment from which to continue to learn and grow.

A Home of Her Own: Monique's Story

Monique came into Doorways' **Domestic Violence Safehouse** after her abuser broke her nose. Monique had an extensive history of child sexual and physical abuse. By age 39, she had also been in a series of abusive relationships as an adult. She received Social Security Income due to disability and was actively involved with mental health services prior to entering shelter. Despite these connections in the community, Monique found it difficult to maintain stable housing.

While at the Safehouse, Monique worked closely with staff to address safety planning and to develop tools and techniques for her to improve safety in relationships. She remarked often how empowering this was, and how she was beginning to see that abuse did not need to be part of her life. As her safety enhanced, she was ready to take steps to secure independent housing.

As Monique worked with Doorways' Client Services
Counselor, she shared that she had never had a lease in
her own name and had an outstanding payday loan, both
of which were barriers to housing. She also had a drugrelated felony from over a decade ago. Monique met with
Doorways' Financial Counselor and made a plan to pay
down the loan. The Client Services Counselor assisted
Monique in securing rental assistance from a County
Program for people living on fixed or very low incomes.
Monique worked with Doorways' Housing Locator to help
advocate with landlords to understand her criminal history
from long ago.

At last, Monique signed her own lease for the first time in her life. After successfully completing the Safehouse program, she was elated to live in her own apartment within Arlington, the community she calls home.





MEET OUR CAMPAIGN CO-CHAIRS

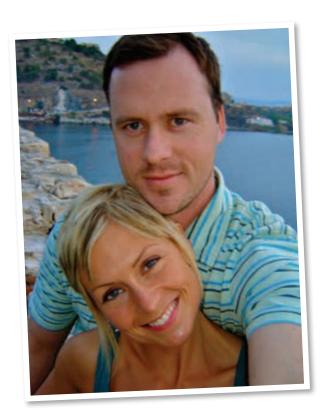
At Doorways, we lift and strengthen families. We help parents and children heal together, and in so doing, break the cycles of abuse, violence and poverty that affect multiple generations. So when we thought about who could lead and inspire our community to safeguard our response to those in crisis, we turned to two of Arlington's most philanthropic and civic families: the Millers and the Sagatovs.

Justin & Laura Miller

Our family began supporting Doorways' work in the 80s, back when it was called TACTS (*The Arlington Community Temporary Shelter*). My grandfather, Preston Caruthers, had grown up in the Oklahoma dustbowl during the depression. He always felt grateful for the "breaks" he got that brought him to Arlington, and the subsequent success he had as a businessman in Northern Virginia. In turn, he felt compelled to help others. He taught us that the fulfillment that comes from helping others far outweighs any satisfaction gained from making money.

Later, as an elementary school teacher, I saw firsthand what growing up in poverty, instability and violence can do to a child. Not only does it cause physical, mental and emotional pain, but it also robs them of their future. To me, letting a child's potential be limited by the circumstances of their birth is indefensible. My wife Laura had a similar experience while working for a crisis hotline during college. Hearing the desperation of people in crisis who needed immediate help convinced her that it is incumbent upon all of us to take an active role in our community in order to alleviate human suffering.

Years later I was honored to join and serve on Doorways' Board of Directors for a six-year term. I saw from the inside how Doorways operates and the way they wrap around each client and family with services that lead them to long-term safety and stability. Laura and I are proud to be part of an organization that helps adults and children who have experienced homelessness, domestic violence or



sexual assault to move beyond trauma and hopelessness. Doorways provides psychological counseling, legal assistance and economic empowerment so that they can rebuild a better life for themselves and their families. The transformation that occurs, especially for the children, is staggering and incredibly inspirational.

Even though Arlington is a wonderful place to live, work, and raise a family, there remains a real need for the services Doorways provides. Having served on the Board through the 'O8 financial meltdown, I saw firsthand how community giving dried up overnight. To ensure the organization has adequate funds to continue meeting the needs of its clients today and tomorrow is critical, particularly when the need for services is actually increasing. Through the **Campaign for Brighter Futures**, we hope Doorways and its mission are introduced to every Arlingtonian, so folks understand the critical gap Doorways fills in our community's safety net.

We hope you will be as inspired as we are to support this extraordinary organization.

Yuri & Michelle Sagatov

We were introduced to Doorways in 2009 at the Brighter Futures Breakfast. Like many others, we were shocked by the significant need in our community and thoroughly impressed by the programs and services that Doorways offers. We knew right away that we wanted to be a part of the difference Doorways makes in the lives of our neighbors.

There are so many things that inspire us about Doorways. We love the local, tangible nature of Doorways' work, as well as how comprehensive it is. They provide far more than shelter...the wrap around services they offer give families a second chance to reach their potential. And we have a special place in our heart for the Domestic Violence Safehouse. In 2014, we spearheaded a campaign to renovate the home and in the process we gained a deep understanding and respect for those fleeing immediate danger and those who open their arms and bring them in. It is so important that this safety net exists in our community and we are truly proud of our part in making it a dignified and beautiful home.

We believe in leading by example; diving in and doing something and seeing where it goes. We want our children to see what we do and hopefully engrain in them the responsibility to give of themselves. Doorways gives our family the opportunity to take on a local cause and make it part of our lives. And it has been incredibly rewarding. Serving as co-chairs for the **Campaign for Brighter**Futures is a natural extension of our belief in Doorways and our passion for bringing people together. The campaign has allowed us to leverage our networks and make fulfilling connections.

After being involved in Doorways for over seven years and learning about the significant challenges that many in our community face, it's not even a question of Arlington needing Doorways! Without Doorways, Arlington would be turning its back on our neighbors in crisis—many of

whom have literally nowhere to turn. Without Doorways, Arlington would be ignoring or sweeping under the rug a growing issue that is often hidden but affects thousands of kids, women, and men every year. The question for those in Arlington with means should really be — "What can we do to make sure the opportunity for help never goes away?"

The **Campaign for Brighter Futures** will provide not only the funds needed to meet today's need, but will allow Doorways to position itself to be proactive in its response to future needs in the face of an ever changing and unknown world.

Come listen and learn about the organization. Educate yourself about the need, the response, and the alternative. Then, support us financially at a level that is meaningful to you and tell everyone you can about it. Now is the time to safeguard this organization that lifts up so many.







Alexandra Wesseln

Children's Program Manager

Like many people in the Washington area, Alexandra Wesseln, Doorways' Children's Program Manager, came to the area as a "transplant." "I was so happy to find Doorways," she said. "The nature of the work and the values that the agency embodies lined up with all my past experiences and where I wanted to be moving forward."

After receiving her art therapy degree in New York,
Alexandra worked as an art therapist and a case planner
doing home visits to at-risk families of adolescents. "I was
travelling around New York City by bus and train to see these
really volatile families in crisis," she said. "It was really difficult
work, but I loved doing the in-home work, seeing families in
their homes — seeing their environments and getting that as
extra information. So, the transition to working with families
in shelter just seemed really easy. I love the combination of
shelter work and the home visits."

Managing Doorways' Children's Program

As the Children's Program Manager, Alexandra runs the program, supervises a team of three Children's Counselors, and supports her own small case load of clients. Most of the children Alexandra works with directly are at the Domestic Violence Safehouse, where she also facilitates parenting groups and kids' groups. When families move into their own apartments through the HomeStart Supportive Housing Program, she continues to support them with in-home visits. She also presents in the community about the impacts of trauma on children, how Doorways helps kids heal through art and play therapy, and how we can work with partners such as local schools to provide a coordinated response to children's needs.

"I am in the unique position of knowing every kid in all of our programs," said Alexandra, "so I go to all of the team meetings for all the locations that we serve. I'm also the go-to person to make sure that the kids have what they need, like winter coats and back to school supplies." She works closely with the Development team to coordinate wish lists for Holiday Wishes, Back to School and more. Her team delivers these generous gifts to families, experiencing the joy and excitement they bring firsthand. "I wish you could see the smiles on their faces!"

Comprehensive Case Management and Mental Health Support

Alexandra's team serves "a hybrid role providing both case management and mental health intervention for children, and I think it's working great," she said. "We're continuing to strengthen the mental health piece and bring more clinical knowledge to this program," which she said is critical from day one.

For example, children's assessments are done by Masters-level Children's Counselors. "A parent may bring up an issue and on the spot, we're able to offer advice; maybe this is normal and the parent needs to hear that it's normal," Alexandra said. "Or maybe the kid had just witnessed a domestic violence incident, and we need to help them connect the pieces of how this child is being impacted by

that trauma – 'these are the trauma symptoms' – and doing that education on the spot. So, even if we only have one meeting with them, the family is going to benefit from that," though most families continue sessions on an ongoing basis.

We have to look at those symptoms, such as nightmares and bedwetting, "from a medical point of view and then also from a trauma point of view," said Alexandra. "It's so important to have somebody who's trauma-informed meeting with families from day one because we don't know how long we're going to have these families with us. We're assessing all of our kids and making sure that if we're seeing something, we're offering psychological education to parents and helping everybody to see where these behaviors are coming from."

How Art Therapy Helps

Whether created during a session with a Children's Counselor or while at play in the Domestic Violence Safehouse or Freddie Mac Foundation Family Home, children's artwork tells the story of their trauma and their healing journey. Art therapy

offers kids critical, empowering choices.

"Children who are in a family with poverty or homelessness, or children who are in an unsafe house with domestic violence, don't have choices. The art therapy gives them options: 'Do you want

to color, or do you want to

play with pompoms and tissue paper and glue and make something?' So it gives them choices, and those choices empower the kids."

Art therapy is also nonverbal, so counselors "don't have to press these kids with questions about what they're feeling or what they've seen." Instead, they can ask the child to "draw a picture before you came here; draw a picture of how you feel now; draw a picture of what you want your future to look like," which tells their story on many different levels.

Alexandra also finds artwork around the shelters and clients' homes. "If I see a drawing on the floor of the playroom, that drawing is going to give me so much information" she said. "I know which kid it belongs to in the house, and then I know

what's going on with the kid. I know that whatever they drew, it was too much emotion for them to tolerate, so they're just tossing it aside. I keep it in a safe place for them, and sometimes I'll go back and ask them about it."

What they do with the artwork they create further empowers the kids. "Art therapy is really great because it allows kids to express themselves, and they have a choice to keep the art piece, or the therapist can keep it, or maybe they decide together, we need to throw this away," said Alexandra. "So we're choosing how to handle the emotions and whatever artwork came out of that."

Kids' Resilience

Although kids at Doorways haven't had choices, "They have survival skills," said Alexandra. "Our kids are really, really, really resilient."

"Kids who come to the Family Home, especially, don't know they're homeless. They'll say, 'This is the best place I've ever been, this can't be 'homeless.' It's really a huge step up for them when they come in. So we try not to use that language with kids, we talk about getting them into 'a house of your own.""

A House of Her Own

Whether it's through art or play therapy, repetition is a central theme. To give children consistency, something that is often a new concept to them, they work with the same Children's Counselor. In art and in play, the Counselors will often see patterns; for example, children making masks each week in art therapy sessions or always playing in a doll house during play therapy sessions. "It's different for everybody," said Alexandra; "they'll gravitate towards something."

For example, in the therapy Alexandra and her team are doing, they're seeing themes of rescuing. "These kids want to be rescued. We'll see them in the Safehouse run around in firefighter costumes and police costumes, and they'll grab a stuffed cat: 'We have to save the cat!' and I'll say, 'Yes, yes we do. Who's going to save the cat?' And it's so healing for them to play that out and to be empowered, like 'I can rescue people. I feel rescued here.' And that's what they're playing."

One of Alexandra's young clients always draws houses, which she has been collecting. "This family experienced several attempts to flee abuse, yet, this weekend they are leaving the Safehouse to move into their apartment." "Her houses have changed so much," she said. "I could see the house where she was still experiencing domestic violence, just based on the colors, and how she drew the house, and all the sad faces in the people; then the house where things are starting to get stable in shelter, and everybody's a little safer, and things look a little less anxious in the picture; and then now, I just saw on the fridge, there's a picture of happy kids and no noise or visual distraction in the background. Things are really starting to quiet down in this kid's world, and she's starting to see stability for the first time in her whole five years. It's great to see the progress in the artwork, and the emotional tone of the art work, and the play, and how the play changes."



How Our Community Helps

"I'm so impressed with our donors and our volunteers,"
Alexandra said, "and when I see one of our Children's
Volunteers at my yoga studio, or see a client at the grocery
store, you see how intertwined our community is and that the
homelessness, the domestic violence, it's here, in Arlington."

"Anybody in Arlington can contribute in some way, or help out, or help be a solution to these problems. I've been so impressed with how I've seen everybody jump in when needed," she said. "It makes it feel like a community."



Debbie Moss

Volunteer since March 2015

I've been lucky in my life—very lucky. Two days after I received my Journalism degree I moved to the DC area without a job. Of course, someone would hire me. Well, I did get a job in a couple weeks but it wasn't exactly the Washington Post. I worked as an assistant receptionist at a growing association. Little did I know the third largest employer base in the DC area (after the government and attorneys) were trade associations and professional societies. I was a career woman who didn't have a plan but took every opportunity that came my way—worked hard and moved up the ladder.

Within 10 years, I was a Vice President and had two long runs at large, well established trade associations in senior management positions. I realized I was fortunate to be well compensated doing a job I loved. I never even thought about retiring.

I started to take charitable giving seriously and found a fantastic resource with Charity Navigator. I was making larger and larger contributions each year and was supporting several shelters in DC since I worked there – but I had lived in Northern Virginia since arriving here. Charity Navigator allows you to compare sectors in a particular region so I made an effort to find an organization in Northern Virginia and

Doorways popped up as a four-star rating—the highest possible. I did more research and decided this was an organization I wanted to support financially, which I did for several years. (One of the nicest things about giving to Doorways is they don't send a "Thank You" letter with another pledge form, instead you receive a personal call.) Then, the unthinkable happened—I lost my job in the midst of political infighting. I was 6O, not able to fully retire and not ready to be idle. Since I would likely have to reduce my financial support, at least temporarily, I hoped I could support Doorways with volunteer work.

I attended an orientation and signed up for volunteer training. What a revelation it all was. Gaining a broader understanding of domestic violence and the fallout that naturally occurs. Understanding the subconscious biases and cultural differences we might have with those who don't look or talk like us. And most important of all, appreciating the myriad of reasons why they stay. I was eager to get started since I believed this would require me to develop some of my lesser sharpened characteristics like empathy and nurturing. And indeed it has. I am excited about every shift and I never fail to learn something every time I am there — even if it is seemingly insignificant like where the batteries are stored.

As I began to interact with the clients more and after my first couple of intakes, I feel so at home sitting behind the desk at the Safehouse, confident I can handle anything that comes my way—knowing the great staff is only a phone call away.

And then I had a second revelation—remembering something my father would say many, many years ago when we would encounter a homeless person in Wisconsin—where the winters likely sent most homeless further south. He would offer a dollar or two and say to me, "it's the least I can do."

Volunteering, for me, is the least I can do.

In addition to serving as a volunteer and making annual gifts, Debbie has stepped up to participate in the **Campaign for Brighter Futures**. Her campaign gift includes a multi-year pledge of outright support and a bequest to Doorways in her will. In recognition of Debbie's generosity, a bedroom in Doorways' Domestic Violence Safehouse shall be named "Simon's Sanctuary" in honor of Debbie's father, Simon Moss, and his generous, but humble soul.



Tani Lublin

Volunteer

It was a night like so many others – finishing up the last-minute items of the work day, changing clothes, hurriedly leaving, and weaving through DC and Arlington traffic, somewhat impatiently. I am a Children's Program volunteer and it was my evening to volunteer at the Doorways Safehouse.

It had been three weeks since my last shift, and I wondered if my two favorite little brothers would still be there. This particular family had arrived at the

Safehouse about six months prior. It is



usual for families to arrive and depart unexpectedly in their transitions toward self-reliance and independence. However, seldom, as a children's volunteer, are we informed ahead of time of a family's departure plans. Upon arriving that evening I, along with the two other volunteers, were told that this family would be leaving the Safehouse the next day. They would be moving into their very own home. It was bittersweet news. I felt overwhelming happiness for this family and at the same time a ping of loss. I adored these little boys with whom I had become long acquainted and loved their joyful greetings, their smiles, and their exuberant energy. The blessing was I had an opportunity to wish them well and get a chance to say goodbye.

Clearly, I remember meeting them when they first arrived at the Safehouse the previous summer; two brothers, aged 5 and 6; the older one boisterous, energetic, and in a constant whirl of motion. His younger brother quiet, sweet natured, hesitant and never far from his mother's sight or reach. And their mother, simultaneously protective, tearful and brave and I'm sure feeling far more than I could see on her face. As the months unfolded, I became better acquainted with this family and the range of behaviors the children expressed on their own healing journey. Initially the older boy was combative, prone to hitting, refused to listen or follow rules and used inappropriate language, while his younger brother was oftentimes timid and withdrawn. Each child had regular meltdowns resulting in crying and screaming, completely inconsolable, ultimately leading to solemn retreat or their mother's arms.

Gradually, through regular sessions with a professional child counselor, concentrated efforts by staff, and nurturing support, the boys learned to listen and follow rules. In a predictable environment they slowly learned to trust, which led to ready sharing, and kindness. "Please" and "thank you" became a regular part of their vocabulary. Most importantly, they learned to express their emotions in constructive ways, instead of hitting and screaming. The brothers played cooperatively with each other and other children in the home and responded well to praise and positive reinforcement.

In time both boys began to identify their emotions, with some help, and the older brother began expressing his feelings with words. There was still an occasional meltdown—but far beyond the day months previous when the older boy proudly proclaimed, "I only cried once at school today." The brothers grew in other ways, exhibiting self-confidence, taking initiative

when they participated in new activities, developed an interest in reading or were engaged in listening to stories and were willing to help when asked. Their expanded vocabulary and language skills were significant. And they continued to progress and develop in subtle ways—their coordination improved, they were more attentive and focused, and even their drawing was more defined and controlled. Gone was the explosive temperament or quiet withdrawal.

It was time for one last play session, and myself and the other volunteers welcomed our smallest clients to 90 minutes of fun – running up and down the short hall, playing the always favorite hide and seek, and making valentines. It was towards the end of the evening that the older brother took a break and said to us, "I have something to show you." He went into his room and reappeared holding something in his cupped hands. He lifted his hands toward us and in his palms we saw three keys. He picked up one key like a trophy and said, "This is the key to my new house." His face was beaming – his eyes were bright and his memorable smile wide. It was a privilege to share this milestone moment and we each expressed our congratulations. I quickly drew a picture of a house on the chalkboard and traced his key. "Look," I said, "I drew this for you." "Noooooooo," he said, "You forgot to draw my bicycle and my brother's bicycle. And a swing, we have a swing." Of course I complied with the request. My task completed, he said in his usual energetic way "O.K., let's play hide and seek, you count ... to 100!"

It takes many gardeners to plant, tend and create a fertile ground for transformation. Growth is slow and not always easy. The courage that fueled this family towards something more was nurtured by the many caring hands of Doorways and helped them grow—in confidence, in self-worth and self-reliance, in steady resolve and strength. And this family grew from a Safehouse to a safe home.

We never know the manner in which an ordinary day just may become extraordinary. This night was wonderfully, beautifully different.

For another perspective on this story, see Daniel's Rocket Ship on page 16.

Community Partners

Arlington's Safety-Net Nonprofits

One of our strongest and often less visible community assets in Arlington is the safety net of nonprofit organizations designed to meet the needs of Arlingtonians when they find themselves in a vulnerable position. Whether it is a senior needing medical care, an exoffender trying to get back on her feet, a family unable to pay their rent or an individual struggling with substance abuse, our community has a strong safety net of nonprofit organizations. The Nonprofit Resource Center, in partnership with the Arlington Community Foundation, describes the role of 14 safety-net nonprofits in our community, including Doorways for Women and Families, in their report Arlington's Safety-Net Nonprofits: Advancing the Common Good. One of Doorways' clients, Anita, was featured in the report. Anita's story is one of many that illustrate the efficacy of Arlington's safety net.

The Nonprofit Resource Center report explains the vital role that each organization plays, the strategic collaboration among the organizations, and their collective impact. The report serves as a valuable resource for those in the community who are seeking help and for those who wish to help their neighbors. Doorways is grateful to be part of a larger community that is working together to address these traumas and their root causes, and to partner with these and other local and regional nonprofits, advocacy agencies, faith-based organizations, civic groups and county and state government agencies to help our clients achieve the best outcomes.

The full report is available on Doorways' website at www.DoorwaysVA.org/arlington-safety-net.



Anita's Story

An excerpt from Arlington's Safety-Net Nonprofits

Due to medical complications experienced during pregnancy, Anita was placed on bed rest and lost her job, thus creating financial dependency on her abusive husband. After her baby arrived, the abuse worsened. With the help of Arlington County Police, the family arrived at Doorways' Domestic Violence Safehouse. Just 23 years old, Anita had a high school diploma, but years of living in abuse had prevented her from pursuing college or career goals. Having grown up in an abusive home, Anita knew very little about how to care for her infant. The Arlington Partnership for Affordable Housing agreed to rent to Anita while she continued her progress toward independence, knowing she would have Doorways' support for the security deposit, first month's rent, and utilities for several months while she continued to progress toward independence. Anita was referred to AFAC for food for her family while she worked parttime and enrolled in a job training program. Doorways worked with Anita to develop a budget for monthly expenses, to repair her credit, and to resolve issues from identity theft committed by her abusive partner. The Doorways Court Advocate assisted Anita in obtaining a protective order, child custody, visitation, and child support. Anita's counselor helped her find quality affordable childcare enabling her to work, and met with her weekly to strengthen her parenting skills. Today, the family is thriving in their safe, stable home and Anita is a proud working mother providing for her family.



Matrix Group International, Corporate Ambassador of the Year

As you've probably noticed, Doorways has a new website! We hope you've enjoyed exploring it. We are so grateful to the amazing team at Matrix Group International, Inc. for designing this beautiful new site as part of their ongoing support of Doorways.

Matrix Group has worked with Doorways for years on web strategy, design and development. When Doorways approached our long-time partners at Matrix Group with the need for an updated, modern website, they were eager to make large-scale changes. They crafted a bold, new design that visually reflects Doorways and our mission.

The result is our new responsive site, which anyone can reach and easily navigate on their phone or tablet, making Doorways more accessible to community members. Through the 2016 Interactive Media Awards (IMA), which recognizes excellence and outstanding achievement in website design and development, Matrix Group received the Best in Class Award, the IMA's top honor, for the Doorways website redesign.

Our website is often the first connection Doorways makes with individuals, families and organizations who are in need of assistance or who want to offer help. Through our incredible partnership, Matrix Group helps Doorways connect with our growing community. Our website can be a lifeline, helping survivors by providing information and access to our 24-hour Domestic & Sexual Violence Hotline. It provides a central gathering place for our online community, giving us a platform to share our clients' successes and more.

Thank you, Matrix Group, for helping to strengthen Doorways' connection with our community through this

new and improved site!



To see the new site,
visit us online at

www.Doorways VA.org

on your computer or
mobile device.

Good Works

Back to School

Through this year's Back to School Campaign, you supported more than 80 kids! Each child was connected with a generous sponsor who provided a backpack full of supplies and a gift card for clothes shopping. We wish you could have seen the joyous looks on their faces when they received their bags! You also gave more than \$6,700 total for additional Back to School expenses, surpassing our goal! Thank you for sending kids at Doorways with full backpacks and big smiles to start the new school year.

Answering the Call

During the summer, Doorways ran low on critical household items for our shelters. We posted a call for supplies to our Facebook page, and you responded immediately! We received the essential paper towels, trash bags and other items from our Amazon Wish List and were able to restock our shelters. Thanks to all of those who donated, as well as everyone who liked and shared the post to encourage your friends to give as well!

To see Doorways' current Amazon Wish List, visit bitly.com/DoorwaysUrgentNeeds.

Join the Caring Community

If you are interested in joining our *Caring Community* to be notified of such needs in the future, please contact Linley Beckbridge at (7O3) 5O4-9283 or LBeckbridge@ DoorwaysVA.org to subscribe to our *Updates on Goods and Services* email list at www.DoorwaysVA.org/connect.



Friends & Philanthropists





Champions for Brighter Futures (\$25,000 or more for 3 or more years)

Alice & Brendan Feeley*
Rachel Brand & Jonathan Cohn*
The Caruthers Foundation*
The Miller Family*
The Keri Shull Team & Orange Line Living*
Tom and Raina Rose Tagle
Kristin & Sunil Thakor*
Heidi Wagner*
David & Juliana Yaskin*

Stewards for Brighter Futures (\$10,000 - \$24,999 for 3 or more years)

AvalonBay Communities, Inc.* Blain & Peg Butner* Christy & Don Cole* Ralph Cook* Friends of Doorways* Shelley & Allan Holt, The Hillside Foundation* In Christy's Shoes* Laura Lapin* Judy & Kevin Moak, In honor of Evelyn Moak* Debra A. Moss* Eric Mullis* Josh & Joanne Petty* Jason & Stacy Reed* Michelle & Yuri Sagatov* Patricia Beyer Smith* Frances Storey Lynne Strobel* The Vicky Collins Charitable Foundation, Inc.*

Guardians for Brighter Futures (\$1,000 - \$9,999 for 3 or more years)

Marsha Allgeier*
Marty Almquist
Tyler & Lisa Anbinder *
John Andelin & Ginger Geoffrey*



The Brighter Futures Society is a special giving society of donors who recognize the need for ongoing, sustainable funding. As those in need, year after year. This list includes Brighter Futures Society members from July 1st, 2015 - June 30th, 2016. *Special thanks and recognition to those members who have made new or increased commitments in support of the Campaign for **Brighter Futures!**

Guardians for Brighter Futures (\$1,000 - \$9,999 for 3 or more years)

Heather & David Anderson*

Anonymous* ARServices* Becky Ault

Sherrie Bakshi & Bryan Clark*

Elizabeth Bausch*

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Shirley Bloomfield & Donald Patterson, Jr.*

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Alicia & Lee Knight Bill Koerner*

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Matthew & Kelly Laughlin*

Barry Lawson & Liz Wheeler, In memory of

Lenore Leider* Wendy Leben*

Clay Lowery & Sheila Herrling* Heather & Chris MacAulay* Jim & Melissa MacGregor* Mahaney Family Charitable Fund Marybeth Majka & Patrick Gregerson* Helaine Mario, The SunDial Foundation

Michelle Martin Jay & Alanna McCargo Barbara Schaefer McDuffie

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Al & Laura Young* Monte & Christine Zaben

Leadership Circle

Leadership Circle members are individuals whose annual financial support of Doorways' mission and services equals \$1,000 or more. This list includes **Leadership Circle** members from July 1st, 2015 – June 30th, 2016.



Champions (\$10,000 or More)

Anonymous
Doris M. Carter Family Foundation
Laura Fuentes & William Meyer
Kevin and Judy Moak, *In Honor of*Evelyn Moαk
P&A Family Foundation

Jason and Stacy Reed The Ruth Lawrence Fund Wayne & Susan Stocks Daniel & Linda Vilardo Heidi Wagner

Stewards (\$5,000 - \$9,999)

Shirley Blooomfield & Donald Patterson, Jr.* Santosh Chokhani Cole Birches Foundation Margaret & Thomas Dean John & Ann Heinrich Karam Family Charitable Trust Mary Mellon The Pearl L. Deck Fund Scheidel Foundation Christina & Gino Shutes

Guardians for Brighter Futures (\$1,000 - \$4,999)

Diane S. Allemang Marsha N. Allgeier

Anbinder Family Foundation

Anonymous Myhoa Baird

Anthony & Luz Barbera

Linda Barbour & David Houser Jeanette Beers

James Beers

Douglas & Carri Berenson Suzanne & Ed Berkey

Howard Bierman & Jill Coleman

George & Margaret Bolash

David Briggs Chris Brigham

Robert & Nancy Brown Stephen & Jeanette Bruce Beth Burrous & Kevin Baer

Cory Capps

Paul & Wendy Carothers Susan & Michael Cavanaugh

Shelton Clark, Jr.

Susan A. Clyde & Peter Siegwald

Kristen Colston

Michelle & Timothy Cooper Cox Farms Virginia, Inc. Beverly Crane Memorial Scholarship Foundation Jeremy & Emily Cusimano Michael & Sharon Deich Ed & Rosalie Demoney Stephen Donnelly & Katie Ogeen

Mark Edie Laurie Effron Connie M. Ericson

Jonathan & Susan Etherton

Kyle Fahrbach

David & Marilyn Falksen Thomas & Meghan Fatouros Bonnie Flynn & Tilly Smith

Lisa Foster German Mary Alice Giarda

Oscar Goldfarb & Christine Fisher

J. Beth & Ronald Goss Todd & Sherry Gray

John R. Griffiths & Stacey McGraw

l isa Grozio

Frank & Frances Guinta Kristin Haldeman & Jason

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Kent & Donna Hamaker Dr. John R. Haskell

Mary Hennessy

David & Margaret-Mary Howell

Cindy A. Hubbard

Gary & Elizabeth Schill Hughes Jill Jermano & Steven J. Mielnicki

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Charitable Foundation
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Scott Loftis

Mary Logan & A. John Stellberg

Ruth T. Lovejoy Jeffrey Lynn Lisa MacVittie

Carl W. Mangum Jr. & Marguerite

S. Mangum Fund Marissa Maurer Laura McCarty

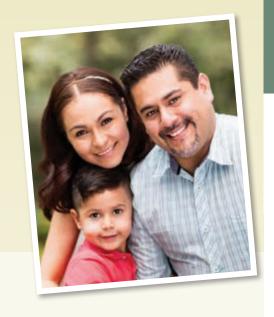
John & Crystal McCliggott Kerensa McConnell & Ian Dillner Patrick & Teresa McGreevy Ray & Nancy McKinley

Diane Murray Vicki & John Nelson Tracy & Rod O'Malley Atima Omara-Alwala

Laura Pennycuff & Sander Glick

Emily Powell

Jeremy & Tamara Preiss
Joan M. Rinehart
Christopher Rogers



Corporate Ambassadors



The **Corporate Ambassadors** program is a leadership group of businesses that work in partnership with Doorways to end homelessness, domestic violence and sexual assault in our community. This list includes **Corporate Ambassadors** from July 1st, 2015 - June 30th, 2016, and the giving levels represent a combination of monetary contributions, probono professional services, in-kind donations, matching gifts and volunteer hours

Platinum Level (\$50,000+)

The Freddie Mac Foundation
The Liberty Tavern/Lyon Hall/Northside Social
Matrix Group International, Inc.

Gold Level (\$25,000 - \$49,999)

The Sidley Austin Foundation
Keller Williams Arlington Community Total Support (KW ACTS)

Silver Level (\$10,000 - \$24,999)

Adobe Foundation AvalonBay Communities, Inc. CGI Technologies and Solutions CHC, Fundraising Consulting Clark Construction Koons Arlington Toyota Mack-Sumner Communications LLC
The Morrison and Foerster Foundation
The Shooshan Company
Venable Foundation
Wells Fargo Foundation
World Bank Community Connections Fund

Ambassador Level (\$2,500 - \$9,999)

Akre Capital Management The Allstate Foundation Allstate Insurance Company American Staffing Association Apex Foundation Bill & Melinda Gates Foundation Boeing Employees Community Fund C. Mack Solutions Carlyle Group Caruthers Properties, LLC Derr Flooring Dominion Foundation First Virginia Community Bank Freddie Mac Matching Gifts HD Supply and Maintenance - Sterling International Monetary Fund John Marshall Bank

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Guardians (\$1,000 - \$4,999)

Rosenfeld Family Charitable
Foundation Trust
Larry Rosenthal
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Suneetha Budampati

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Liz Wheeler & Barry Lawson

John & Kathleen White

Scott Wing & Natasha Atkins

Tor & Linda Winston

David & Juliana Yaskin

Kimberly Yeager

Jean Schiro-Zavela & Vance Zavela

A Community of Giving

Doorways is deeply grateful for the generous support of all individuals, corporations, foundations, civic groups and faith communities. The following list includes cumulative cash gifts and gift card donations of \$250 and higher from July 1st, 2015 to June 30th, 2016, excluding giving societies (recognized on pages 35-39). If you find a misspelling or omission, please contact Heather O'Malley at 703-504-9290 or HOmalley@DoorwaysVA.org.

\$50,000+

Arlington County Department of Human Services

The Community Foundation for the National Capital Region

Commonwealth of Virginia Department of Housing & Community Development

Commonwealth of Virginia Department of Social Services

Philip L. Graham Fund

Commonwealth of Virginia Department of Criminal Justice Services

Washington Area Women's Foundation

\$25,000 - \$49,999

The Agnes Varis Trust
Eugene and Agnes E. Meyer Foundation
The Geary O'Hara Family Foundation
The Morris and Gwendolyn Cafritz
Foundation

United Way of the National Capital Area Virginia Housing Development Authority Walter Brownley Trust

\$10,000 - \$24,999

Ada and Albert Wibel Foundation
America's Charities
The Arlington Community Foundation
Christ Church of Arlington
Clark Winchcole Foundation
Harry and Zoe Poole Foundation
Saint Mary's Episcopal Church
Vicky Collins Charitable Foundation, Inc.
Virginia Department of Social Services
Washington Forrest Foundation

\$2,500 - \$9,999

Arlington Chapter of Links, Inc.
Faith Lutheran Church
Little Falls Presbyterian Church
Metro Washington Council of
Government
Mothers of North Arlington
Sigma Phi Epsilon – Georgetown
University

Temple Rodef Shalom The Dominion Guild Trinity Presbyterian Church WHF Foundation

\$1,000 - \$2,499

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Association

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Microsoft Matching Gifts Program

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Rock Spring Congregational United

Church of Christ

Saint Andrew's Episcopal Church

Salesforce.org- Matching Grants

Syneren Technologies Corporation

The Employees Charity Organization of

Northrop Grumman

Vornado

Willowsford

WMAC - American Payroll Association Zonta Club of Arlington Area, District III

\$500 - \$999

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Amazon Smile Foundation

Ann Wilson Homes

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Arlington County Medical Society

Arlington County Tennis Association

Arlington Host Lions Club

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Susan Auerhan

Auto Savings Insurance LLC

Samantha Baker

BalletNOVA Center for Dance

Ted & Emily Bardach

Kenneth Bass

Elizabeth Bausch

Bean, Kinney & Korman, P.C.

Ellen Berge

Katey Bogue

Renata Briggman

Lee Ann & John Brownlee

Robert & Tracy Bushkoff

Eva Marie Carney & Alan Cohen

Lynn Caruthers

Paul Chandler

Citizens for Sensible Transit

City Smart Living, LLC

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Mark Cole

Donald Creasy

Crossroads Associates, LLC

Karla Curioso

Alissa & Jenn Curry Briggs

Cypress International, Inc.

Emily Davies

Porter & Lisa Dawson

James Derderian

Leah Dewitt

Doing Small Miracles for Others

Mary Downey

Dress To Sweat

Martha Dugan

Andrew Dumont

Margaret Dunn

Rob Dwyer

Dynamic Technology Systems, Inc.

Eileen Fisher, Inc.

Doug Elliott

Erika Elvander

Eric Mitchell Properties

Paula & Robert Evans

Paul Ezzeddin & Rebecca Clar

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Kathy & Glen Fong Morton & Ann Friedman

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Gifts Program

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Jane Miller Debra Moss

Mount Olivet United Methodist Church

Movement Mortgage LLC Ms. Molly Foundation

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Stronbeck

Helo Mustafa & Willow Marr

Daniel Mutzig

Scott & Kirsten Nathanson

National Telecommunications Cooperative

Association Amy Newman

Karin & Roger Newman

Susan Newton

Robert & Mary Nirschl

Virginia Olin

Olivet Episcopal Church Pamela Olson & Grant Aldonas

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Pfizer Government Affairs

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Julie Schauer

Steven & Rachael Schroeder

Sebesta

Matthew Shepard Anna Slomovic Michael & Kyler Smart

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Kimberly Sweet Tha Moya Team The Kropp Family

United Way of Greater Houston Utility Resources Group LLC Verizon Foundation - Arlington Verizon Good Government Club

Everett Walsh Michael Wegerson Ryan & Jim Wilson

Misha Kazhdan & Maryann Wolverton Women of Temple Rodef Shalom

\$250 - \$499

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All Inclusive

All Secure Inc.

American Feed Industry Association

Devon T. Anderson

Heather & David Anderson

Terri Anderson & John Hitchingham

Charles Andrews Laura Andrukaitis Anonymous Russell Arkin

Arlington Church of the Brethren Arlington Community Federal Credit

Union

Arlington County Treasurer's Office

Arlington Home Interiors

Becky Ault

Bank of America Charitable Foundation

Frederick & Gladys Barrett

Stuart Barkoff Sally Barnes

Jennifer & Sean Bauer

Lisa Beaman

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Cynthia Blendu Dr. Stanley Boyd

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Theresa & Michael Bratt Logan & Mary Breed Kimberly Broome Margarita Brose

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Susan E. Carter Tanja Castro

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Clarendon Child Care Center

Suzanne Cloutier
Ed & Caren Cohen
Kristin Cohen
Ann C. Cole
Sandra Connell
Vera Connolly
Ken Courtade
Katie Cristol

Crumpton Group LLC

Spencer Day Anne Dean

Erik & Maira Deidan

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Episcopal Church Women of the

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NoVAC of Delta Sigma Theta Sorority, Inc.

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Omni Earth

Our Savior Lutheran Church and School Patrick Henry Elementary School

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Christie Yang Sue Yeh

Brad & Kate Yoder Al & Laura Young Michele Young

Legacy Society





Doorways' Legacy Society was founded in order to recognize the generosity and forethought of planned giving donors — those who are making a gift to Doorways through financial planning strategies and, most commonly, through provisions in their wills.

"We feel so lucky to be able to give a planned gift to Doorways in honor of my mom and her many years of assisting women experiencing domestic violence. This gift is not about our family's legacy; it is about helping people out of life's difficulties by investing in the long-term sustainability of Doorways — an amazing organization that quite literally changes people's lives in positive ways that matter every single day."

~ Founding Legacy Society Members Kevin & Judy Moak (with a portrait of Kevin's mom, Evelyn "Rebel" Moak)

Anonymous
Ann Cole
Christy Cole
Eileen Flynn
Judy & Kevin Moak,
In honor of Evelyn Moak
Debra Moss
Nora Palmatier
Carol Pickens
Laura & Al Young

Safeguard Doorways' Future Response

Doorways for Women and Families is all about the future. Every day we strive to make the future brighter for women and families escaping domestic and sexual violence and homelessness. You can help ensure that this mission remains an integral part of Arlington's future by making a planned gift and becoming a member of Doorways' **Legacy Society.** By making a planned gift to Doorways today, you help guarantee that ten, twenty – even fifty years from now – women and families in Arlington will have access to safe shelter, long-term housing and supportive services that will help them overcome abuse and poverty.

Join the Legacy Society

We encourage you to consider safeguarding the future of Doorways' response to homelessness, domestic violence and sexual assault by making a planned gift today.

Planned gifts can be funded with cash, stock, real estate or other tangible personal property. In addition to ensuring the future of Doorways, planned gifts offer many possible benefits, including the following:

\	MANING A LADGED CHADITARI E CIET THAN YOU THOUGHT DOCCIRLE
/	MAKING A LARGER CHARITABLE GIFT THAN YOU THOUGHT POSSIBLE
>	INCREASING YOUR CURRENT INCOME
>	REDUCING YOUR INCOME TAX/AVOIDING CAPITAL GAINS TAX
>	PLANNING FOR THE FINANCIAL NEEDS OF A SPOUSE OR LOVED ONE
>	PROVIDING INHERITANCES FOR YOUR HEIRS AT A REDUCED TAX COST
>	MAKING A GIET THAT MAY COST NOTHING IN YOUR LIFETIME BUT IS PRICELESS FOR FUTURE GENERATIONS

To discuss options and learn more about how you can leave a legacy, please contact Christy Cole, Doorways Gift Planning Advisor, at **703-504-9403** or **CCole@DoorwaysVA.org**. If you have already named Doorways as a beneficiary of your estate, please let us know so we can recognize and thank you as a member of the Legacy Society!

Volunteers

Volunteers are critical members of the Doorways' team! They tutor children, shop for groceries, bake cakes for birthdays, provide coverage at our shelters, mulch our lawns, supply dinner for our clients at Dinner with Friends events, and so much more. We are so grateful to each of our amazing volunteers for your incredible dedication to our clients. Volunteers served an incredible total of 9,778 hours in FY16!

We'd especially like to highlight 11 volunteers who each served 250 hours or more during fiscal year 2016:



Patricia Ani-Adjei Susan Arnold Pavithra Banavar Miguel Buddle Sacajawea Fanning Kelsy Ferris Jenica Hardy Alex Hostetter Alyssa Littlestone Debra Moss Zoe Weinstein



Dinner with Friends

St. Andrew's Church
Hyatt Regency Crystal City
NV Juniors
Alan El Tagi
Zonta Club of Arlington Area, District III
Kiwanis Club of Arlington
Carlyle Group

Holiday Dinner with Friends

Liberty Tavern/Lyon Hall/Northside Social Clark Construction AvalonBay Communities, Inc. Freddie Mac

Volunteer Groups

Groups from these corporations volunteered their time to provide deep cleanings of Doorways' Freddie Mac Foundation Family Home and spruce up the exterior:

Accenture
Burdette Smith and Bish, LLC (as part of Volunteer Arlington Day)
Deloitte
Kerri Shull Team
NRECA





Through the generosity of in-kind donors, our families receive household supplies, holiday gifts and back-to-school supplies; our shelters remain stocked with essentials like laundry detergent, baby wipes and paper towels; and our expenses are reduced with donations of professional services such as printing, graphic design and web hosting. Thank you for all you have done to forward our mission!

The following list includes donated goods and services from July 1st, 2015 to June 30th, 2016. We apologize for any omissions, misspellings or errors and welcome your corrections and suggestions. Please contact Heather O'Malley at HOMalley@ DoorwaysVA.org to share any corrections.

A.C. Moore Deena Ackerman

Adventure Theatre MTC

AHC Inc. Ahri

Alexandria Business & Professional Women Allstate Insurance Company

Anonymous
Bhavika Amin
Blanche Anderson
Devon Anderson
Ann Wilson Homes
Debora Aquino
Argosy University
Russell Arkin

Arlington Aerials

Arlington Church of the Brethren

Arlington Dental Solutions

Arlington Falls Church Young Republicans

Arlington Food Assistance Center

Arlington Host Lions Club Arlington Quilters Unlimited Armed Forces Health Surveillance

Kimberly Armradit

Arrowine ARServices Arturo Salonga

Ashmore Equities Investment

Management, LLC Astor Mediterranean

AvalonBay Communities, Inc.

Linda Ayers BabyLove DC Kristine Baker

BalletNOVA Center for Dance

Ariynn Barrios Elizabeth Bausch Bayou Bakery

Bean, Kinney & Korman, P.C. Linley & Leslie Beckbridge

Jean Belitsky Lauren Bell Brian Benczkowski & Kristi Remington

Pamela Bentley Haylee Bernstein

Bertlesmann Foundation

Big Give

Cynthia Blendu Blue Circle Works Bodycentric Fitness Laurie & Kaia Bonner Lizbet Boroughs Katherine Boyle

Rachel Brand & Jonathan Cohn

Logan & Mary Breed Bringing Resources to Aid Women's Shelters

Karen Brown Lauren Brown Paul Browne

Brownie Troop 4392 Carrie Brutscher Bubbles Hair Salon Manivone Caballero

Capital One African American Network

Capital Senior Housing Eva Carney & Alan Cohen

Carmina Carper

Catie Bates and Company

Cava Mezze

Susan & Michael Cavanaugh

CBS Radio Hilarie Chambers Megan Chase Christina Childs Cloe Chin

Emily Christianson

Church of the Covenant Presbyterian

Circa

Clarendon Child Care Center

Chris Clark

Christy & Don Cole Steve Cole

Michele Coleman Charles & Erin Comer Vera Cone K Cones

Continental Building and Supply Michelle & Timothy Cooper Copperwood Tavern Core Studios Bethesda Patricia Costello

Ken Courtade Katie Cristol

Crossroads Associates, LLC Crumpton Group LLC Jasmine Cummings

Cuppett Performing Arts Center Jeremy & Emily Cusimano

Pamela D KC Dang

Patricia D'Antonio Alison Davis-Holland

Amy Dayton

Margaret Dean & Thomas Wukitsch

Marissa Delozier Pamela Dennis Jeehye Deogracias

Dept. of Parks and Recreation

of Arlington
Donna Dodson
Dominion Jewlers
Christopher Donavin
Stephen Donnelly &
Katie Ogeen Donnelly

Doorways Team
DeChane Dorsey
Frances Downey
David Drachsler

Michele Duchin-Watson

Diane Dunston

Dynamic Technology Systems, Inc.

EHE of Alpha Chi Omega

Alan El Tagi Tim & Angie Elder Encore Stage and Studio

Ann Epstein Elizabeth Epstein Eva Erbskorn Danielle Erkman Ernst & Young

Faith Lutheran Church
Sacajawea Fanning
Melissa Farley
Barbara Favola
Susan Finarelli
Beth Finn
Fleurelity
Morgan Foley
Kathy & Glen Fong

Susannah Fox Sarah Fraser Freddie Mac

Elizabeth Ford

Freedom Fire Protection, LLC

Elizabeth Gaffin Gaia's Caress LLC Anna Bell Gall Elanor Gaugh

George Mason Law School Students for

Reproductive Justice

Laura Gerber Christy Germroth Cyrelle Gerson

Gifts for the Homeless Inc. Gilbane Building Company Girl Scout Troop 2984 Girl Scout Troop 4397

Girl Scout Troop 4822 Girl Scout Troop 6677 Girls United Madison Willie & Veronica Glover

Elizabeth Goffin

Ronald & Maura Goldstein

Shelley Goode & Thomas Matthews

Erin Goonan-Jones Rene Gornall Amanda Graye

Greenbrier Baptist Church

Joselyn Griffin Lisa Grozio Cheryl Grybowski Carl & Jan Guastaferro

Eduardo & Lynda Gyles H2 Performance Consulting

Leena Hamad Joanne Hamilton Michelle Hamilton Hanover Research Nicole Harding Matthew Hardle C Harmon

Marilynn Harned
Jasmine Harrel
Jenn Hatch

Chef Chassis Hawkins-Younger

Susan Hennessy Evan Heon Channel Hillard Hilton Worldwide Steve Hrubala

Hyatt Regency Crystal City Nancy & Bernie Hyde

IBM DC

In Christy's Shoes
Interior Makeovers

April Irwin Anita Isaac

Iverson Orthodontics Claire Jacobsen Sara Jacobson Paul & Terrell Jacques Alexie Johnson

Mark & Melissa Isakowitz

Kristina Kada Kay Houghton Homes

Janet Keli

Jennifer Klar

Jumping Joeys

Jodie Kelley & Scott Sinder

Kendra Scott Keri Shull Team Kinderhaus Toys Sherry Kirchhmeimer

Alicia & Lee Knight
Dana & Ray Koch
Alexander Krupp
Krista LaBelle
Ladies in the Lead
Dana & Michael Laidhold
Elizabeth Landeros
Lansdowne Resort
Lansinoh Laboratories Inc.

Shay Lawson Lebanese Taverna Alexa Lerner Patricia Letzler Adam & Sharon Levin Lindsay Automotive Group

Denise Lisman

Little Falls Presbyterian Church

Scott Lively

Mary Logan & A. John Stellberg

Katie Loughney Kimberly Loyd Suzanne Lundy

Mack Sumner Communications LLC

Nancy Maksomki Maren Mapp Meredith Marshall Stephanie Marshall Louisa Martin Michelle Martin Colleen Mason Massage Envy

Matrix Group International, Inc.

Arlene & Bob Mattes

Cindy May Maria McConville Charlene McDonough Menchies Fro Yo Ingrid Mendez

Meridian Apartments @ Ballston Mark Merriman & Natalie Goldring

Heather Misner Judy & Kevin Moak Shaine Mohan

MOMS Club Arlington Southwest

Erin & Sharon Moore

John Moore

Moss Building and Design Mothers of North Arlington

Mount Olivet United Methodist Church

Mt. Olive Baptist Church

Kathryn Mullan Kristan Music

Muslim Women's Coalition My Personal Assistant My Thrive Pilates Nancy Carter Yoga National Guard

National Telecommunications Cooperative Association

NatureServe Neiman Marcus

Marc Nguyen & Amy Tenhouse

Vannary Nguyen NoVAC of Delta Sigma Theta Sorority, Inc.

Erika Novstrup Keith & Tara O'Brien



Eisuke Ohira

Old Town Massage Center

Omni Earth Erynn O'Muhen

Orangetheory Ballston

Our Savior Lutheran Church and School Overlee Preschool Association, Inc

Jessica Pahl Pajama Program Pamela Parsons

Passion Food Hospitality
Patent and Trademark Office
Laura Pennycuff & Sander Glick
Perfect Point Dance Studio

Maureen Petron

Pfizer Government Affairs

Laura Phillips James Pillow Christine Pokora Bridget Pollack Allison Prabhu

Proof

Stephanie Pryor Public Shoe Store Pure Romance by Jaliya

Aubrey Quinn Allison Rafti

Random Harvest Home

Michele Rang Red Peg Marketing Reston Limousine

Restoration Anglican Church Resurrection Lutheran Church

Jennifer Rhorer
Debbie Riddle

Lee Rizzo & Jenny Roahen Rizzo

Rock Star Realty Heather Rosenberger Corrine Rotermund

Shannon Rudisill
Meghan & Greg Russo

Saint Charles Borromeo Church

Saint Mary's Episcopal Church Saint Michael's Episcopal Church

Angelika Sass Mary Schade Michelle Scheer Patricia Schnell

Patricia Schnell Tara Scribbins

Kavita Seijido Steve & Katy Senkus SER

Matthew Shepard Kathleen Sibert Signature Theatre

Signs By Tomorrow - Arlington

Malini Silva Simplify You, Inc. Deepa Sinha Logan Skidmore Melinda Solley Virginia Sorkin

Stadelmaier Family Gift Thomas Stevens

Kimberly Stewart

Sun and Moon Yoga Studio Sunrise Senior Living SunTrust Bank

Ati Suradja-Shuey Jennifer Sweeney

Synaptek Mona Tarpley Aimee Tavares

Temple Rodef Shalom

RJ Thatcher

The Celtic House Bar & Restaurant The Church of Jesus Christ of

Latter Day Saints

The Liberty Tavern/Lyon Hall/

Northside Social The Olive Oil Boom The Sprague Family

The Teal Center Therapeutic

Bodywork, Ltd

The Wordflower's Foundation

Jessica Thibodeau Mona Thomas Moriah Thomas

Thomas Jefferson Middle School

Alisa Thornton Tom James Clothier Amber Tomason

Trinity Presbyterian Church

Cara Troup
Dennis Turner
Michael & Lori Turner
Janell & Peter Tuttle
Twisted Vines

Unity Woods Yoga Center

Urban Halo Noah VanDruff Tracey Vanveelen William Verando

Vetwerx Animal Hospital

Christina Viscomi

Jennifer Wall & Michael O'Connor

Emily Walsh Michelle Walter Washington Workplace

Linda Wheeler

Whiteford Taylor and Preston LLP

Joseph & Midge Wholey

Jeannette Wick Ryan Wild Willco Companies Lindsay Williams Taneah Williams Dawn Wilson

Winking Fish Graphic Design

YMCA Arlington Franzel Zullo



PO Box 100185 Arlington, VA 22210



STAY IN TOUCH WITH US

Administrative Office: 703-504-9400 • 24 Hour Domestic & Sexual Violence Hotline and Safehouse: 703-237-0881 Court Advocacy Program: 703-244-5165 • Freddie Mac Foundation Family Home: 703-907-0022

www.**DoorwaysVA**.org



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