

## Are you in an unhealthy relationship?

You're not alone. We can help.













Safety Planning • Hospital Accompaniment • **Emergency Shelter • Court Advocacy • Counseling • Referrals to Resources** 

**Call Arlington's 24-Hour Domestic** & Sexual Violence Hotline:



**(**\*\*) 703-237-0881

All languages available • Hablamos español • Serving women, men, teens, and LGBTQIA+





**\*Your internet use** can be tracked.