

Questions for **FAMILY MOVIE NIGHT** and more to create conversation and connection

While talking about technology

1. What is your favorite thing to do online? Can you show me how your favorite game/app works?
2. How can you tell who and what you can trust on the internet?
3. How do you know when you need a break from screens and technology?
4. What would you do if someone said something to you online that made you uncomfortable or upset?
5. Who is a trusted adult you could go to for help?

While watching movies or TV

1. What healthy or unhealthy behaviors did you see between the different characters?
2. What could the character have done differently in this scene to be a better friend/partner?
3. What would you say to the character if you were their friend to help them in this situation?
4. Are there characters that look like or share the same qualities as our family and friends? Who is missing? What would you change about or add to their stories?

While talking about relationships

1. What does it mean to respect a friend or a partner?
2. What would you do if a friend asked you to stop being friends with other people?
3. What can you do if a friend is guiltig or pressuring you into something?
4. What would you do if you or your friend did something to hurt each other's feelings?
5. Who do you ask for advice when you're having a problem with your friend or partner?

FAMILY MOVIE NIGHT

Family movie nights can be a great way to spend time together & create positive family relationships!

Positive family relationships help children feel secure and loved, make it easier for your family to solve problems, & gives kids the skills they need to build healthy relationships of their own.

Flip this card over for discussion questions to keep the conversation going!



Scan to learn more about Arlington's free Becoming More Askable workshops to improve communication with the youth in your life!



Do you know someone who may need help?

Arlington's
**PROJECT
PEACE**
Partnering to End Abuse in
the Community for Everyone

 **DOORWAYS**

24 Hour Domestic/Sexual Violence
Hotline 703-237-0881